

REGION IX TRACK AND FIELD CHAMPIONSHIPS 2014

State Qualifying Schedule of Events

Wednesday May 7, 2014 Trials Starts at 4:00 PM

Running Events:

1600 M Run **Finals**
100 M Hurdles
110 M Hurdles
100 M Dash
 JV 800 Meter Run
400 M Dash
300 M Hurdles
1600 M Medley Relay **Finals**
200 M Dash

Field Events:

All Field events start at 4:00 PM
*JV will follow varsity
Boys Long Jump
Boys Shot put
Boys Javelin
Girls Discus
Girls High Jump

Thursday May 8, 2014. Finals start at 4:00 PM

Running Events:

3200 M Run
100 M Hurdles
 JV 100 M Hurdles
110 M Hurdles
 JV 110 M Hurdles
100 M Dash
 JV 100 M Dash
 JV 1600 M Run
4 x 100 M Relay
 JV 4 x 100 M Relay
400 M Dash
 JV 400 M Dash
300 M Hurdles
 JV 300 M Hurdles
800 M Run
 JV 1600 Medley Relay
200 M Dash
 JV 200 Meter Dash
 JV 3200 Meter run
 JV 1600 Meter Relay

1600 M Relay

Field Events:

All field events start at 4:00 PM
*JV will follow varsity
Girls Long Jump
Girls Shot put
Girls Javelin
Boys Discus
Boys High Jump

Notes:

- *Location Hurricane High Track Stadium
- * Girls followed by boys in all running events.
- *Limit 4 athletes per event, score top 3.
- *Limit 4 events per athlete.
- *Limit 1 relay per team, unlimited for JV.
- *Top 4 athletes per event and relay teams qualify for state.
- *Scoring will be 7 places 10, 8, 6, 4, 3, 2, 1.