2012 ISU Duals

*Revised Date/Schedule/Information*

***February10***

***IDAHO STATE UNIVERSITY in HOLT ARENA***

**Entries: Unlimited**

**Scoring: Dual Meet Scoring**

**Entries:** **Enter online;**

**College / Open use directathletics.com High School use runnercard.com**

**Entries due Thursday @ 5 PM**

**Starting Heights**

**Increments:** TBD

**Awards:** None

**Entry Fee:** **None for competing collegiate teams - all others $ 5.00 per athlete per event**

**Contact**

**Information:** Dave Nielsen, ISU Head Track and Field Coach

nieldave@isu.edu / 208-406-9231 (cell) /208-282-3299 (office) / 208-282-3760 (fax)

***Note: High school running events will follow each collegiate/open running events. High***

***School field events will assume same starting time as corresponding collegiate/open starting time. All events offered for high school competition as for collegiate/open competition.***

**Meet Schedule**

***Friday – February 10, 2012***

# Track Events – men run first Field Events

 6:00 60m Hurdle –prelims 5:00 PM Weight Throw – (men first)

 6:20 60m Dash - prelims 5:30 Long Jump – (women first)

 6:40 Mile Pole Vault – (men first)

 7:20 60m Hurdle - final High Jump – (women first)

 7:30 400 – final (sections on time) 6:30 Shot Put – (men first)

 7:50 60m Dash - final Triple Jump – (women first)

##  8:00 800m – final (sections on time)

 8:20 200m – final (sections on time)

##  8:40 3000m – final (HS will run 3200meters)

##  9:15 4 x 400m Relay