

# 2023 Wendover Invitational

Weigh-ins: 9:30 am

Coaches meeting: 9:45am

Girls will run first followed by the boys

## **Running Events**

START TIME: 10:00 am

Medley Relay  
100 M Hurdles  
110 M Hurdles  
100 M  
1600M  
4x100 M Relay  
400 M  
300 M Hurdles  
800 M  
200M  
3200 M  
4x400 M Relay  
Throwers Relay

## **Field Events**

START TIME: 10:00 am

Boys High Jump  
Boys Discus  
Boys Discus  
Boys Long Jump  
Girls Shot Put  
Girls Javelin