

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls 100 Meter Dash**

Name	Year	School	Finals	Wind	H#	Points
Finals						
1 #	31	Walker, Ronnie	Jr Juab HS	12.69	2.4	1 10
2 #	93	Eaton, Maddy	Sr Lone Peak HS	12.79	2.4	1 8
3 #	83	Beus, Mandy	Sr Lone Peak HS	12.92	2.4	1 6
4 #	109	Norton, Elizabeth	So Lone Peak HS	13.01	2.4	1 5
5 #	398	Foster, Rachel	Fr Skyridge HS	13.06	2.4	1 4
6 #	114	Richter, Alison	So Lone Peak HS	13.16	1.8	2 3
7 #	320	Taylor, Olivia	Fr Salem Hills HS	13.21	1.8	2 2
8 #	783	Lord, Tori	Lone Peak HS	13.36	2.5	3 1
9 #	504	Buck, Annabelle	Sr Spanish Fork HS	13.39	1.8	2
10 #	702	Hayes, Reese	Fr Westlake HS	13.53	2.5	3
11 #	94	Edwards, Rachel	Fr Lone Peak HS	13.56	1.8	2
12 #	219	Smith, Katie	Fr Maple Mountain HS	13.59	2.4	1
13 #	687	Armenta, America	Sr Westlake HS	13.60	2.5	3
14 #	310	Rosenberg, Lexi	Sr Salem Hills HS	13.63	0.6	4
15 #	621	Walker, Madison	So Springville HS	13.69	2.4	1
16 #	96	Goff, Alexis	Fr Lone Peak HS	13.70	0.6	4
17 #	400	Hanson, Bailee	Jr Skyridge HS	13.75	2.5	3
18 #	425	Snowden, Blythe	Jr Skyridge HS	13.78	2.5	3
19 #	313	Smith, Courtney	Jr Salem Hills HS	13.80	0.6	4
19 #	13	Heap, Bayli	Sr Juab HS	13.80	0.6	4
21 #	212	Radford, Kaylee	So Maple Mountain HS	13.85	2.5	3
22 #	386	Blackham, Ally	So Skyridge HS	13.90	0.6	4
23 #	509	Fallon, Kate	Fr Spanish Fork HS	13.92	0.6	4
24 #	690	Bradley, Madeline	Sr Westlake HS	13.97	0.6	4
25 #	616	Sowa, Whitnee	Jr Springville HS	13.99	1.8	2
26 #	202	Larsen, Amanda	Sr Maple Mountain HS	14.00	2.5	3
27 #	205	Melton, Brenna	Jr Maple Mountain HS	14.01	1.8	2
28 #	600	Jensen, Ruby	So Springville HS	14.02	1.8	2
29 #	498	Allan, Erica	Jr Spanish Fork HS	14.05	1.6	5
29 #	522	Neves, Lox	Fr Spanish Fork HS	14.05	0.6	4
31 #	119	Tew, Jane	Fr Lone Peak HS	14.13	2.5	3
32 #	279	Ballard, Paisley	Sr Salem Hills HS	14.15	1.6	5
33 #	24	Oliver, Jakell	Sr Juab HS	14.18	0.5	6
34 #	704	Hill, Mikaylee	Jr Westlake HS	14.22	1.6	5
35 #	18	Jackson, Demi	Sr Juab HS	14.35	0.5	6
36 #	304	Orton, Halley	Sr Salem Hills HS	14.47	+0.0	7
37 #	204	Massey, Jerrika	Fr Maple Mountain HS	14.54	1.6	5
38 #	382	Archer, Brooke	So Skyridge HS	14.55	0.5	6
39 #	732	Wengreen, Anna	Jr Westlake HS	14.68	0.5	6
40 #	581	Barson, Sophia	Jr Springville HS	14.72	0.5	6
41 #	207	Morris, Samantha	So Maple Mountain HS	14.73	0.5	6
42 #	707	Kevern, Mariah	Fr Westlake HS	14.75	0.5	6
43 #	730	Straw, Maizie	Jr Westlake HS	14.77	1.6	5
44 #	14	Heap, Maison	Fr Juab HS	14.80	+0.0	7
44 #	613	Seeley, Savannah	Sr Springville HS	14.80	1.6	5
46 #	385	Biesinger, Makayl	Fr Skyridge HS	14.85	1.3	8
47 #	34	Willis, Nabbie	Fr Juab HS	14.97	+0.0	7
48 #	26	Rassmussen, Marci	Fr Juab HS	15.10	1.3	8
49 #	393	Dye, Emily	So Skyridge HS	15.15	+0.0	7
50 #	302	Nish, Alyssa	Fr Salem Hills HS	15.67	+0.0	7
51 #	8	Deschamps, Ariana	Fr Juab HS	15.70	1.3	8
52 #	513	Hardy, Kierra	Jr Spanish Fork HS	15.84	1.3	8

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Girls 100 Meter Dash**

53 #	528 Romney, Raegan	Jr Spanish Fork HS	15.89	1.3	8
54 #	501 Berger, Sydney	So Spanish Fork HS	16.15	+0.0	7

Girls 200 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
1 #	722 Pontius, Brilee	So Westlake HS	26.44	0.1	1	10
2 #	109 Norton, Elizabeth	So Lone Peak HS	26.51	0.1	1	8
3 #	398 Foster, Rachel	Fr Skyridge HS	26.72	+0.0	2	6
4 #	83 Beus, Mandy	Sr Lone Peak HS	26.80	0.1	1	5
5 #	114 Richter, Alison	So Lone Peak HS	27.00	0.1	1	4
6 #	31 Walker, Ronnie	Jr Juab HS	27.33	0.1	1	3
7 #	94 Edwards, Rachel	Fr Lone Peak HS	28.07	+0.0	3	2
8 #	96 Goff, Alexis	Fr Lone Peak HS	28.14	+0.0	2	1
9 #	702 Hayes, Reese	Fr Westlake HS	28.65	+0.0	3	
10 #	504 Buck, Annabelle	Sr Spanish Fork HS	28.67	+0.0	2	
11 #	313 Smith, Courtney	Jr Salem Hills HS	28.89	+0.0	2	
12 #	616 Sowa, Whitnee	Jr Springville HS	28.95	+0.0	3	
13 #	509 Fallon, Kate	Fr Spanish Fork HS	28.98	+0.0	4	
14 #	687 Armenta, America	Sr Westlake HS	29.10	+0.0	2	
15 #	279 Ballard, Paisley	Sr Salem Hills HS	29.13	+0.0	3	
16 #	400 Hanson, Bailee	Jr Skyridge HS	29.23	+0.0	3	
17 #	202 Larsen, Amanda	Sr Maple Mountain HS	29.54	+0.0	2	
18 #	522 Neves, Lox	Fr Spanish Fork HS	29.70	+0.0	4	
19 #	600 Jensen, Ruby	So Springville HS	29.75	+0.0	4	
20 #	124 Wilcox, Brylee	Jr Lone Peak HS	29.81	+0.0	4	
21 #	311 Sanders, Haley	Fr Salem Hills HS	29.85	+0.0	4	
22 #	621 Walker, Madison	So Springville HS	29.88	+0.0	3	
23 #	690 Bradley, Madeline	Sr Westlake HS	30.02	+0.0	3	
24 #	205 Melton, Brenna	Jr Maple Mountain HS	30.04	+0.0	2	
25 #	380 Alaimo, Marie	Fr Skyridge HS	30.39	+0.0	7	
26 #	502 Blake, Lindsay	So Spanish Fork HS	30.77	+0.0	6	
27 #	730 Straw, Maizie	Jr Westlake HS	30.80	+0.0	4	
28 #	581 Barson, Sophia	Jr Springville HS	30.87	+0.0	6	
29 #	693 Cameron, Arianne	Sr Westlake HS	30.91	+0.0	7	
30 #	385 Biesinger, Makayl	Fr Skyridge HS	31.19	+0.0	7	
31 #	508 Critchlow, Kayden	Fr Spanish Fork HS	31.57	+0.0	6	
32 #	302 Nish, Alyssa	Fr Salem Hills HS	33.91	+0.0	7	
33 #	516 Larsen, Alyssa	Jr Spanish Fork HS	34.34	+0.0	7	
34 #	510 Fox, Emma	Fr Spanish Fork HS	35.61	+0.0	7	
-- #	112 Proffit, Brooklyn	So Lone Peak HS	DNF	0.1	1	

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 #	722 Pontius, Brilee	So Westlake HS	59.66	1	10
2 #	114 Richter, Alison	So Lone Peak HS	1:01.03	1	8
3 #	684 Alexander, Myley	Sr Westlake HS	1:01.41	1	6
4 #	94 Edwards, Rachel	Fr Lone Peak HS	1:03.35	1	5
5 #	309 Rookstool, Ashley	Sr Salem Hills HS	1:04.00	1	4
6 #	313 Smith, Courtney	Jr Salem Hills HS	1:04.68	2	3
7 #	84 Boggess, Meredith	Fr Lone Peak HS	1:05.20	2	2
8 #	711 Lungren, Kamryn	Sr Westlake HS	1:05.81	3	1

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Girls 400 Meter Dash**

9 #	386 Blackham, Ally	So Skyridge HS	1:05.97	5
10 #	121 Wakefield, Molly	Fr Lone Peak HS	1:06.8h	4
11 #	119 Tew, Jane	Fr Lone Peak HS	1:06.81	2
12 #	712 Lungren, Katelyn	Sr Westlake HS	1:06.99	3
13 #	502 Blake, Lindsay	So Spanish Fork HS	1:07.28	3
14 #	123 Weichers, Emma	Jr Lone Peak HS	1:07.63	2
15 #	585 Blakey, Laurissa	Fr Springville HS	1:07.85	1
16 #	385 Biesinger, Makayl	Fr Skyridge HS	1:08.0h	4
17 #	600 Jensen, Ruby	So Springville HS	1:08.98	2
18 #	420 Rhoades, Kendra	So Skyridge HS	1:10.0h	4
19 #	599 Hunter, Molly	So Springville HS	1:10.29	5
20 #	215 Rothaug, Mandy	Jr Maple Mountain HS	1:12.20	2
21 #	203 Larsen, Jayda	So Maple Mountain HS	1:13.0h	4
22 #	186 Biesinger, Ashley	So Maple Mountain HS	1:13.01	3
23 #	511 Gappmayer, Kately	So Spanish Fork HS	1:14.66	5
24 #	387 Briggs, Karina	So Skyridge HS	1:15.56	5
25 #	294 Janis, Taylor	Jr Salem Hills HS	1:17.0h	4
26 #	282 Burch, Emily	Jr Salem Hills HS	1:23.92	5

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
1 #	106 Meldrum, Mackenzi	Jr Lone Peak HS	2:21.01	1	10
2 #	117 Smart, Taylor	Sr Lone Peak HS	2:22.00	1	8
3 #	88 Bybee, Katie	Fr Lone Peak HS	2:23.95	1	6
4 #	96 Goff, Alexis	Fr Lone Peak HS	2:24.98	1	5
5 #	620 Templeman, AnnaBe	So Springville HS	2:25.50	1	4
6 #	698 Eismann, Porshe	Jr Westlake HS	2:25.93	1	3
7 #	126 Winger, Monet	Jr Lone Peak HS	2:27.07	1	2
8 #	82 Belliston, Ashlyn	Sr Lone Peak HS	2:27.69	1	1
9 #	214 Richmond, Kelcie	Sr Maple Mountain HS	2:27.95	1	
10 #	124 Wilcox, Brylee	Jr Lone Peak HS	2:29.84	1	
11 #	309 Rookstool, Ashley	Sr Salem Hills HS	2:30.37	2	
12 #	688 Ballard, Anne	Fr Westlake HS	2:30.49	2	
13 #	182 Adams, Camilla	So Maple Mountain HS	2:32.19	1	
13 #	619 Sumsion, Heidi	So Springville HS	2:32.19	1	
15 #	594 Gee, Kaitlyn	Sr Springville HS	2:32.91	1	
16 #	608 Rees, Jadyn	So Springville HS	2:34.29	2	
17 #	120 Tew, Kate	Fr Lone Peak HS	2:39.26	2	
18 #	711 Lungren, Kamryn	Sr Westlake HS	2:39.56	2	
19 #	706 Jensen, Molly	Jr Westlake HS	2:40.48	2	
20 #	427 Squire, Madi	Jr Skyridge HS	2:41.10	2	
21 #	211 Perry, Zanna	Fr Maple Mountain HS	2:41.52	1	
22 #	208 Murray, Ashlyne	Fr Maple Mountain HS	2:42.40	2	
23 #	381 Allen, Alissa	Jr Skyridge HS	2:44.61	3	
24 #	411 Martell, Cambrie	So Skyridge HS	2:44.79	2	
25 #	187 Bird, Kennedy	Fr Maple Mountain HS	2:45.40	2	
26 #	609 Rex, Katherine	Jr Springville HS	2:45.50	2	
27 #	415 Nelson, Livi	Fr Skyridge HS	2:45.86	3	
28 #	692 Brower, Isabella	Jr Westlake HS	2:45.97	2	
29 #	11 Hall, Marissa	So Juab HS	2:46.02	2	
30 #	289 Groberg, Lucy	Fr Salem Hills HS	2:46.17	3	
31 #	314 Snow, Aubrey	Sr Salem Hills HS	2:48.34	2	
32 #	218 Smith, Hailey	Jr Maple Mountain HS	2:50.69	2	

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33 #	728 Shoell, Sagelyn	So Westlake HS	2:53.78	3
34 #	423 Scoville, Madisyn	Jr Skyridge HS	2:53.96	2
35 #	403 Hull, Sarah	So Skyridge HS	2:56.61	2
36 #	25 Olsen, Cambree	So Juab HS	2:58.74	3
37 #	417 Passey, Aubrey	So Skyridge HS	2:59.03	2
38 #	520 Moleff, Amelia	Sr Spanish Fork HS	2:59.84	3
39 #	299 Maestas, Erica	So Salem Hills HS	3:00.26	3
40 #	419 Rawlins, Maren	Sr Skyridge HS	3:03.96	3
41 #	6 Cowan, Karlie	So Juab HS	3:05.18	3
42 #	312 Scott, Kendyll	Fr Salem Hills HS	3:05.86	3
43 #	324 Van Ausdal, Emily	So Salem Hills HS	3:08.36	3
44 #	4 Bunker, Michelle	Fr Juab HS	3:20.16	3
45 #	10 Finlinson, Kylie	Fr Juab HS	3:26.08	3
46 #	307 Pitts, Madison	So Salem Hills HS	3:31.40	3
47 #	532 Urmston, Addison	Jr Spanish Fork HS	3:37.10	3
48 #	21 Matheson, Nikki	Fr Juab HS	3:39.46	3
49 #	30 Slater, Macie	Fr Juab HS	3:57.75	3

Girls 1600 Meter Run

Name	Year	School	Finals	H#	Points
1 #	80	Arrington, Eliza	So Lone Peak HS	5:13.23	1 10
2 #	87	Bybee, Ali	Sr Lone Peak HS	5:14.25	1 8
3 #	95	Gardner, Reagan	So Lone Peak HS	5:18.79	1 6
4 #	105	Mason, Eliza	Fr Lone Peak HS	5:22.06	1 5
5 #	107	Merrill, Sarah	So Lone Peak HS	5:27.63	1 4
6 #	102	Kemp, Hallie	Jr Lone Peak HS	5:29.85	1 3
7 #	431	Wallgren, Emily	Jr Skyridge HS	5:31.40	1 2
8 #	688	Ballard, Anne	Fr Westlake HS	5:37.62	1 1
9 #	182	Adams, Camilla	So Maple Mountain HS	5:38.94	1
10 #	103	Lehnhof, Sadie	Jr Lone Peak HS	5:45.18	1
11 #	298	Lindstrom, Eliza	Sr Salem Hills HS	5:45.39	2
12 #	78	Ainsworth, Kenia	So Lone Peak HS	5:45.40	1
13 #	211	Perry, Zanna	Fr Maple Mountain HS	5:45.49	2
14 #	593	Felix, Lydia	So Springville HS	5:49.37	2
15 #	602	McClellan, Madilyn	Sr Springville HS	5:50.33	2
16 #	606	Park, Ella	Sr Springville HS	5:51.04	1
17 #	11	Hall, Marissa	So Juab HS	5:51.63	2
18 #	706	Jensen, Molly	Jr Westlake HS	5:52.22	1
19 #	33	Williams, Maura	Sr Juab HS	5:52.47	2
20 #	384	Bahr, Hannah	Jr Skyridge HS	5:54.27	1
21 #	685	Allen, Kanza	Jr Westlake HS	5:55.22	2
22 #	187	Bird, Kennedy	Fr Maple Mountain HS	5:58.42	2
23 #	692	Brower, Isabella	Jr Westlake HS	6:00.69	1
24 #	418	Poll, Maren	Fr Skyridge HS	6:01.59	2
25 #	224	Wolfgramm, Riley	So Maple Mountain HS	6:02.68	2
26 #	190	Cooper, Kate	So Maple Mountain HS	6:03.01	2
27 #	289	Groberg, Lucy	Fr Salem Hills HS	6:04.76	2
28 #	428	Taylor, Madi	Fr Skyridge HS	6:08.98	2
29 #	527	Romney, Addison	Sr Spanish Fork HS	6:10.29	2
30 #	218	Smith, Hailey	Jr Maple Mountain HS	6:10.80	2
31 #	299	Maestas, Erica	So Salem Hills HS	6:14.34	2
32 #	622	White, Ashley	Sr Springville HS	6:19.85	2
33 #	185	Barney, Sydney	Jr Maple Mountain HS	6:20.73	2

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Girls 1600 Meter Run**

34 #	701	Hawkes, Emily	So	Westlake HS	6:21.23	2
34 #	432	Whit, Sam	Fr	Skyridge HS	6:21.23	3
36 #	403	Hull, Sarah	So	Skyridge HS	6:21.61	2
37 #	27	Rosquist, Whitlee	So	Juab HS	6:22.97	3
38 #	426	Southwick, Shayli	Fr	Skyridge HS	6:23.02	3
39 #	321	Thomson, Alexis	So	Salem Hills HS	6:23.32	3
40 #	519	Marshall, Camryn	Fr	Spanish Fork HS	6:25.24	3
41 #	312	Scott, Kendyll	Fr	Salem Hills HS	6:28.26	3
42 #	1	Anderson, Abigail	So	Juab HS	6:33.43	3
43 #	25	Olsen, Cambree	So	Juab HS	6:41.07	3
44 #	324	Van Ausdal, Emily	So	Salem Hills HS	6:48.56	3
45 #	623	Young, Cheyenne	Fr	Springville HS	6:48.69	3
46 #	605	Ogles, Naomi	So	Springville HS	6:49.58	3
47 #	529	Scheetz, Alyx	Jr	Spanish Fork HS	6:49.98	3
48 #	29	Samuelson, Sydney	Fr	Juab HS	6:50.20	3
49 #	597	Holladay, Lily	Fr	Springville HS	6:50.95	3
50 #	6	Cowan, Karlie	So	Juab HS	6:52.01	3
51 #	389	Buss, Caityln	Jr	Skyridge HS	7:02.92	3
52 #	317	Steck, MaKayla	Sr	Salem Hills HS	7:07.00	3
53 #	10	Finlinson, Kylie	Fr	Juab HS	7:31.54	3
53 #	293	Hunter, Amelia	So	Salem Hills HS	7:31.54	3
55 #	216	Savage, Ellie	So	Maple Mountain HS	7:47.59	3
56 #	582	Bartholomew, Kimb	Jr	Springville HS	7:52.06	3

Girls 3200 Meter Run

Name	Year	School	Finals	H#	Points		
1 #	705	Jensen, Abby	Sr	Westlake HS	11:16.06	1	10
2 #	98	Hafen, Madi	Sr	Lone Peak HS	11:34.33	1	8
3 #	703	Heslop, Emma	So	Westlake HS	11:38.67	1	6
4 #	689	Barrus, Abby	Jr	Westlake HS	11:54.68	1	5
5 #	525	Redd, Bayleigh	So	Spanish Fork HS	12:03.84	1	4
6 #	89	Bybee, Kenzie	Sr	Lone Peak HS	12:06.01	1	3
7 #	115	Seeley, Rachel	Sr	Lone Peak HS	12:06.41	1	2
8 #	615	Skinner, Mariah	Sr	Springville HS	12:08.65	1	1
9 #	708	Lee, Macie	Sr	Westlake HS	12:17.62	1	
10 #	298	Lindstrom, Eliza	Sr	Salem Hills HS	12:28.52	1	
11 #	727	Scoresby, Alivia	So	Westlake HS	12:32.20	1	
12 #	602	McClellan, Madilyn	Sr	Springville HS	12:40.08	2	
13 #	593	Felix, Lydia	So	Springville HS	12:40.19	1	
14 #	710	Lund, Ally	Fr	Westlake HS	12:41.53	1	
15 #	111	Pike, Elizabeth	Sr	Lone Peak HS	12:45.78	1	
16 #	116	Shumway, Julia	Sr	Lone Peak HS	12:46.18	1	
17 #	33	Williams, Maura	Sr	Juab HS	12:49.95	1	
18 #	85	Bradshaw, Camilla	Fr	Lone Peak HS	12:55.16	2	
19 #	92	Clarke, Maggie	Fr	Lone Peak HS	13:14.14	2	
20 #	394	Evans, Jordan	Jr	Skyridge HS	13:31.34	2	
21 #	321	Thomson, Alexis	So	Salem Hills HS	13:33.63	2	
22 #	388	Brooks, Libby	Sr	Skyridge HS	13:35.66	2	
23 #	580	Ballard, Paige	Fr	Springville HS	13:47.18	1	
24 #	395	Evans, Sydney	Fr	Skyridge HS	13:54.07	2	
25 #	27	Rosquist, Whitlee	So	Juab HS	13:55.27	2	
26 #	185	Barney, Sydney	Jr	Maple Mountain HS	14:12.03	1	
27 #	312	Scott, Kendyll	Fr	Salem Hills HS	14:34.87	2	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Girls 3200 Meter Run**

28 #	433 Winterton, Mckenz	Fr Skyridge HS	15:04.29	2
29 #	623 Young, Cheyenne	Fr Springville HS	15:06.14	2
30 #	383 Austin, Adrianna	Jr Skyridge HS	15:10.43	2
31 #	284 Davis, Elise	So Salem Hills HS	15:26.88	2
32 #	531 Starkey, Sadie	Jr Spanish Fork HS	15:57.27	2
33 #	193 Ferrell, Hannah	Sr Maple Mountain HS	16:10.62	2
34 #	293 Hunter, Amelia	So Salem Hills HS	16:16.26	2
35 #	409 Long, Megan	Fr Skyridge HS	16:56.16	2

Girls 100 Meter Hurdles

Name	Year	School	Finals	Wind	H#	Points
1 #	507 Clements, Kimball	Sr Spanish Fork HS	15.70	+0.0	1	10
2 #	517 Mangum, Jessi	So Spanish Fork HS	16.02	+0.0	1	8
3 #	297 Lindsey, Hannah	Sr Salem Hills HS	16.30	+0.0	1	6
4 #	401 Harper, Kimberley	Sr Skyridge HS	17.09	+0.0	1	5
5 #	101 James, Samantha	Sr Lone Peak HS	17.34	+0.0	1	4
6 #	592 Ethington, Evy	Jr Springville HS	17.39	+0.0	1	3
7 #	700 Gregory, Alyssa	So Westlake HS	17.44	0.8	3	2
8 #	320 Taylor, Olivia	Fr Salem Hills HS	17.57	2.7	2	1
9 #	104 Lord, Victoria	So Lone Peak HS	17.64	0.8	3	
10 #	586 Boyer, Maili	Fr Springville HS	17.67	+0.0	1	
11 #	112 Proffit, Brooklyn	So Lone Peak HS	17.71	0.1	6	
12 #	603 McHoes, Brianna	Sr Springville HS	18.07	2.7	2	
13 #	601 Jones, Meagan	Jr Springville HS	18.17	2.7	2	
14 #	99 Hansen, Alyce	So Lone Peak HS	18.31	+0.0	4	
15 #	100 Hartle, Chynna	So Lone Peak HS	18.49	2.7	2	
16 #	81 Balzen, Kaylee	Jr Lone Peak HS	18.51	2.7	2	
17 #	611 Roper, Morgan	So Springville HS	18.74	2.7	2	
18 #	192 Farnsworth, Brian	So Maple Mountain HS	18.81	2.7	2	
19 #	505 Burnham, Emma	Jr Spanish Fork HS	19.25	0.8	3	
20 #	327 Willis, Emma	So Salem Hills HS	19.28	0.8	3	
21 #	717 Payne, Hayley	Jr Westlake HS	19.33	0.8	3	
22 #	22 McFarland, Jessic	Fr Juab HS	19.59	+0.0	4	
23 #	207 Morris, Samantha	So Maple Mountain HS	19.63	0.8	3	
24 #	533 Wetzels, Rae'lyn	Sr Spanish Fork HS	19.71	+0.0	4	
25 #	506 Bush, Elisabeth	Sr Spanish Fork HS	19.83	+0.0	4	
26 #	718 Payne, Paige	Fr Westlake HS	20.03	0.8	5	
27 #	518 Mansfield, Kelsey	Fr Spanish Fork HS	20.09	0.1	6	
28 #	696 Davies, Auralee	Sr Westlake HS	20.19	+0.0	4	
29 #	90 Chatfield, Kaylee	Sr Lone Peak HS	20.21	+0.0	4	
30 #	197 Harris, Sarah	Fr Maple Mountain HS	20.23	+0.0	4	
31 #	391 Conner, Carly	Fr Skyridge HS	20.38	0.8	5	
32 #	392 Crandall, Savanna	So Skyridge HS	20.47	0.8	5	
33 #	380 Alaimo, Marie	Fr Skyridge HS	20.61	0.1	6	
34 #	196 Hansen, Olivia	So Maple Mountain HS	20.70	0.8	5	
35 #	691 Brewster, Clare	Fr Westlake HS	20.80	0.8	5	
36 #	206 Mendenhall, Krist	So Maple Mountain HS	21.45	0.8	5	
37 #	729 Slade, Olivia	Fr Westlake HS	21.47	0.8	5	
38 #	306 Peterson, Chloe	Fr Salem Hills HS	21.78	0.8	3	
39 #	390 Cabrera, Isa	So Skyridge HS	21.80	0.8	5	
40 #	503 Bowman, Eliza	Jr Spanish Fork HS	21.96	0.1	6	
41 #	424 Smalley, Rebecca	So Skyridge HS	21.98	0.1	6	
42 #	510 Fox, Emma	Fr Spanish Fork HS	22.14	0.1	6	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Girls 100 Meter Hurdles**

43 #	421 Robinson, Sydney	So Skyridge HS	22.61	0.1	6	
44 #	726 Scheiss, Cortnie	Jr Westlake HS	22.79	0.1	6	
-- #	113 Rhoton, Meilan	Jr Lone Peak HS	DQ	+0.0	4	FS

Girls 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 #	93	Eaton, Maddy	Sr Lone Peak HS	46.88	1 10
2 #	507	Clements, Kimball	Sr Spanish Fork HS	48.52	1 8
3 #	517	Mangum, Jessi	So Spanish Fork HS	48.85	1 6
4 #	401	Harper, Kimberley	Sr Skyridge HS	49.67	1 5
5 #	112	Proffit, Brooklyn	So Lone Peak HS	50.22	2 4
6 #	101	James, Samantha	Sr Lone Peak HS	50.24	1 3
7 #	297	Lindsey, Hannah	Sr Salem Hills HS	50.32	2 2
8 #	592	Ethington, Evy	Jr Springville HS	50.72	1 1
9 #	99	Hansen, Alyce	So Lone Peak HS	51.27	1
10 #	2	Anderson, Emilia	Sr Juab HS	51.37	2
11 #	586	Boyer, Maili	Fr Springville HS	51.62	1
12 #	104	Lord, Victoria	So Lone Peak HS	52.59	2
13 #	192	Farnsworth, Brian	So Maple Mountain HS	53.21	4
14 #	81	Balzen, Kaylee	Jr Lone Peak HS	53.40	3
14 #	19	Kay, Willow	Jr Juab HS	53.40	3
16 #	603	McHoes, Brianna	Sr Springville HS	53.46	2
17 #	717	Payne, Hayley	Jr Westlake HS	53.96	2
18 #	310	Rosenberg, Lexi	Sr Salem Hills HS	54.18	4
19 #	110	Parker, Gabrielle	Sr Lone Peak HS	54.55	4
20 #	281	Boggess, Kapri	Jr Salem Hills HS	54.61	2
21 #	508	Critchlow, Kayden	Fr Spanish Fork HS	55.20	4
22 #	100	Hartle, Chynna	So Lone Peak HS	55.72	4
23 #	505	Burnham, Emma	Jr Spanish Fork HS	55.94	2
24 #	718	Payne, Paige	Fr Westlake HS	56.01	3
25 #	533	Wetzel, Rae'lyn	Sr Spanish Fork HS	56.93	5
26 #	691	Brewster, Clare	Fr Westlake HS	57.60	7
27 #	382	Archer, Brooke	So Skyridge HS	58.05	7
28 #	317	Steck, MaKayla	Sr Salem Hills HS	58.07	4
29 #	391	Conner, Carly	Fr Skyridge HS	58.44	6
30 #	320	Taylor, Olivia	Fr Salem Hills HS	58.51	3
31 #	22	McFarland, Jessic	Fr Juab HS	58.66	6
32 #	18	Jackson, Demi	Sr Juab HS	59.21	3
33 #	197	Harris, Sarah	Fr Maple Mountain HS	59.40	5
34 #	207	Morris, Samantha	So Maple Mountain HS	59.54	7
35 #	206	Mendenhall, Krist	So Maple Mountain HS	59.79	6
36 #	306	Peterson, Chloe	Fr Salem Hills HS	59.96	3
37 #	518	Mansfield, Kelsey	Fr Spanish Fork HS	1:01.29	6
38 #	196	Hansen, Olivia	So Maple Mountain HS	1:02.09	7
39 #	506	Bush, Elisabeth	Sr Spanish Fork HS	1:02.17	5
40 #	694	Chaney, Tessa	Fr Westlake HS	1:02.90	5
41 #	503	Bowman, Eliza	Jr Spanish Fork HS	1:03.57	5
42 #	326	Wassom, Marley	So Salem Hills HS	1:06.26	6
43 #	290	Henrie, Grace	Jr Salem Hills HS	1:07.45	6
44 #	424	Smalley, Rebecca	So Skyridge HS	1:07.78	7
45 #	407	Law, Makeilah	Fr Skyridge HS	1:11.72	7

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls 4x100 Meter Relay**

School	Finals	Points
1 Lone Peak HS 'A'	49.84	10
1) #109 Norton, Elizabeth So	2) #93 Eaton, Maddy Sr	
3) #83 Beus, Mandy Sr	4) #114 Richter, Alison So	
2 Skyridge HS 'A'	52.26	8
1) #398 Foster, Rachel Fr	2) #400 Hanson, Bailee Jr	
3) #401 Harper, Kimberley Sr	4) #425 Snowden, Blythe Jr	
3 Spanish Fork HS 'A'	52.41	6
1) #504 Buck, Annabelle Sr	2) #517 Mangum, Jessi So	
3) #507 Clements, Kimball Sr	4) #509 Fallon, Kate Fr	
4 Salem Hills HS 'A'	52.96	5
1) #297 Lindsey, Hannah Sr	2) #281 Boggess, Kapri Jr	
3) #310 Rosenberg, Lexi Sr	4) #323 Vaitohi, Keanna Jr	
5 Maple Mountain HS 'A'	54.09	4
1) #205 Melton, Brenna Jr	2) #202 Larsen, Amanda Sr	
3) #212 Radford, Kaylee So	4) #219 Smith, Katie Fr	
6 Springville HS 'A'	54.11	3
1) #586 Boyer, Maili Fr	2) #621 Walker, Madison So	
3) #587 Cannon, Abigail Jr	4) #592 Ethington, Evy Jr	
7 Westlake HS 'A'	56.11	2
8 Juab HS 'A'	57.58	1
1) #19 Kay, Willow Jr	2) #24 Oliver, Jakell Sr	
3) #13 Heap, Bayli Sr	4) #31 Walker, Ronnie Jr	

Girls 4x400 Meter Relay

School	Finals	Points
1 Westlake HS 'A'	4:14.78	10
1) #684 Alexander, Myley Sr	2) #722 Pontius, Brilee So	
3) #702 Hayes, Reese Fr	4)	
2 Maple Mountain HS 'A'	4:26.59	8
1) #214 Richmond, Kelcie Sr	2) #182 Adams, Camilla So	
3) #208 Murray, Ashlyne Fr	4) #211 Perry, Zanna Fr	
3 Salem Hills HS 'A'	4:26.98	6
1) #313 Smith, Courtney Jr	2) #311 Sanders, Haley Fr	
3) #281 Boggess, Kapri Jr	4) #309 Rookstool, Ashley Sr	
4 Juab HS 'A'	4:27.54	5
1) #13 Heap, Bayli Sr	2) #19 Kay, Willow Jr	
3) #2 Anderson, Emilia Sr	4) #11 Hall, Marissa So	
5 Skyridge HS 'A'	4:27.94	4
1) #401 Harper, Kimberley Sr	2) #398 Foster, Rachel Fr	
3) #400 Hanson, Bailee Jr	4) #431 Wallgren, Emily Jr	
6 Springville HS 'A'	4:28.41	3
1) #587 Cannon, Abigail Jr	2) #586 Boyer, Maili Fr	
3) #619 Sumsion, Heidi So	4) #620 Templeman, AnnaBeth So	
7 Spanish Fork HS 'A'	4:58.64	2
1) #508 Critchlow, Kaydenz Fr	2) #526 Richardson, Allie Jr	
3) #502 Blake, Lindsay So	4) #527 Romney, Addison Sr	
-- Lone Peak HS 'A'	DQ	cut in early
1) #87 Bybee, Ali Sr	2) #106 Meldrum, Mackenzie Jr	
3) #88 Bybee, Katie Fr	4) #95 Gardner, Reagan So	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls 1600 Sprint Medley**

School	Finals	Points
1 Lone Peak HS 'A'	4:33.45	10
1) #112 Proffitt, Brooklyn So	2) #93 Eaton, Maddy Sr	
3) #82 Belliston, Ashlyn Sr	4) #78 Ainsworth, Kenia So	
2 Maple Mountain HS 'A'	4:58.86	8
1) #202 Larsen, Amanda Sr	2) #205 Melton, Brenna Jr	
3) #214 Richmond, Kelcie Sr	4) #215 Rothaug, Mandy Jr	
3 Skyridge HS 'A'	5:09.81	6
1) #382 Archer, Brooke So	2) #391 Conner, Carly Fr	
3) #387 Briggs, Karina So	4) #428 Taylor, Madi Fr	
4 Juab HS 'A'	5:13.48	5
1) #29 Samuelson, Sydney Fr	2) #14 Heap, Maison Fr	
3) #8 Deschamps, Ariana Fr	4) #34 Willis, Nabbie Fr	
5 Spanish Fork HS 'A'	5:14.51	4
1) #511 Gappmayer, Katelyn So	2) #518 Mansfield, Kelsey Fr	
3) #529 Scheetz, Alyx Jr	4) #519 Marshall, Camryn Fr	
6 Springville HS 'A'	5:16.60	3
1) #595 Hansen, Gemma Sr	2) #613 Seeley, Savannah Sr	
3) #596 Hatch, Lauren So	4) #612 Schofield, Mazey So	

Girls High Jump

Name	Year	School	Finals	Points
1 # 16 Hunter, Brooklynn	So	Juab HS	5-00.00	10
2 # 319 Tasker, Aubrey	Sr	Salem Hills HS	4-10.00	8
3 # 296 Lee, Jennah	Sr	Salem Hills HS	J4-10.00	6
4 # 305 Parrish, Emily	Jr	Salem Hills HS	J4-10.00	5
5 # 23 McQuisten, Aubrey	So	Juab HS	4-08.00	4
6 # 288 George, Myley	Sr	Salem Hills HS	J4-08.00	3
7 # 712 Lungren, Katelyn	Sr	Westlake HS	J4-08.00	1.50
7 # 20 Kelsey, Belle	So	Juab HS	J4-08.00	1.50
9 # 325 Vance, Brooke	Jr	Salem Hills HS	J4-08.00	
9 # 32 West, Rhiannon	Sr	Juab HS	J4-08.00	
9 # 35 Wright, Sadie	Fr	Juab HS	J4-08.00	
12 # 285 DeHart, Leah	Fr	Salem Hills HS	4-06.00	
12 # 617 Stoker, Brianna	So	Springville HS	4-06.00	
12 # 91 Christensen, Rile	So	Lone Peak HS	4-06.00	
12 # 598 Hopkinson, Genevi	Sr	Springville HS	4-06.00	
12 # 286 Earnest, Jacqueli	Jr	Salem Hills HS	4-06.00	
-- # 219 Smith, Katie	Fr	Maple Mountain HS	NH	
-- # 424 Smalley, Rebecca	So	Skyridge HS	NH	
-- # 576 Anderson, Annelis	So	Springville HS	NH	
-- # 125 Wilding, Sarai	Sr	Lone Peak HS	NH	
-- # 404 Jacobs, Meg	Jr	Skyridge HS	NH	
-- # 588 Carter, Chelby	So	Springville HS	NH	
-- # 595 Hansen, Gemma	Sr	Springville HS	NH	
-- # 15 Hofer, Amira	So	Juab HS	NH	
-- # 2 Anderson, Emilia	Sr	Juab HS	NH	
-- # 311 Sanders, Haley	Fr	Salem Hills HS	NH	
-- # 410 Magnesen, Brooke	Sr	Skyridge HS	NH	
-- # 578 Badger, Alyssa	Jr	Springville HS	NH	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls Pole Vault**

Name	Year	School	Finals	Points
1 # 97 Grimmer, Grace	Jr	Lone Peak HS	8-06.00	10
2 # 188 Branch, Sienna	So	Maple Mountain HS	8-00.00	8

Girls Long Jump

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 # 83 Beus, Mandy	Sr	Lone Peak HS	16-11.50q	+0.0	4
2 # 31 Walker, Ronnie	Jr	Juab HS	16-10.25q	+0.0	4
3 # 700 Gregory, Alyssa	So	Westlake HS	15-11.75q	+0.0	4
4 # 19 Kay, Willow	Jr	Juab HS	15-11.00q	+0.0	4
5 # 306 Peterson, Chloe	Fr	Salem Hills HS	15-10.75q	+0.0	3
6 # 2 Anderson, Emilia	Sr	Juab HS	15-09.50q	+0.0	4
7 # 589 Collett, Weslie	Fr	Springville HS	15-05.00q	2.1	1
8 # 84 Boggess, Meredith	Fr	Lone Peak HS	15-00.00q	+0.0	4
9 # 99 Hansen, Alyce	So	Lone Peak HS	14-11.50q	+0.0	3
10 # 621 Walker, Madison	So	Springville HS	14-11.25	+0.0	5
11 # 507 Clements, Kimball	Sr	Spanish Fork HS	14-08.00	+0.0	4
12 # 212 Radford, Kaylee	So	Maple Mountain HS	14-07.50	+0.0	5
13 # 717 Payne, Hayley	Jr	Westlake HS	14-06.50	+0.0	4
14 # 91 Christensen, Rile	So	Lone Peak HS	14-05.75	+0.0	4
15 # 13 Heap, Bayli	Sr	Juab HS	14-04.50	+0.0	4
16 # 611 Roper, Morgan	So	Springville HS	14-03.50	0.7	2
17 # 316 Spencer, Michelle	Sr	Salem Hills HS	14-03.25	+0.0	4
18 # 723 Rigamoto, Mya	Jr	Westlake HS	14-03.00	+0.0	4
19 # 319 Tasker, Aubrey	Sr	Salem Hills HS	14-00.00	+0.0	3
19 # 18 Jackson, Demi	Sr	Juab HS	14-00.00	+0.0	3
21 # 690 Bradley, Madeline	Sr	Westlake HS	13-07.50	+0.0	5
21 # 713 McHenry, Sabrina	Jr	Westlake HS	13-07.50	+0.0	1
23 # 16 Hunter, Brooklynn	So	Juab HS	13-05.50	+0.0	3
23 # 292 Howard, Ellie	Jr	Salem Hills HS	13-05.50	+0.0	3
25 # 718 Payne, Paige	Fr	Westlake HS	13-05.25	+0.0	4
26 # 391 Conner, Carly	Fr	Skyridge HS	13-05.00	+0.0	3
27 # 217 Shuman, Bailey	Jr	Maple Mountain HS	13-03.50	0.8	2
28 # 598 Hopkinson, Genevi	Sr	Springville HS	13-03.00	+0.0	1
28 # 219 Smith, Katie	Fr	Maple Mountain HS	13-03.00	+0.0	2
30 # 576 Anderson, Annelis	So	Springville HS	13-01.50	+0.0	1
31 # 14 Heap, Maison	Fr	Juab HS	13-00.00	+0.0	2
32 # 97 Grimmer, Grace	Jr	Lone Peak HS	12-10.75	+0.0	3
33 # 288 George, Myley	Sr	Salem Hills HS	12-08.00	0.1	2
33 # 421 Robinson, Sydney	So	Skyridge HS	12-08.00	+0.0	2
35 # 295 Jensen, Cheyenne	Jr	Salem Hills HS	12-07.75	+0.0	3
36 # 508 Critchlow, Kayden	Fr	Spanish Fork HS	12-07.00	+0.0	2
37 # 588 Carter, Chelby	So	Springville HS	12-05.00	+0.0	1
38 # 380 Alaimo, Marie	Fr	Skyridge HS	12-03.00	+0.0	5
39 # 424 Smalley, Rebecca	So	Skyridge HS	12-02.00	+0.0	2
40 # 729 Slade, Olivia	Fr	Westlake HS	12-00.25	0.3	2
41 # 293 Hunter, Amelia	So	Salem Hills HS	11-11.25	0.7	1
42 # 516 Larsen, Alyssa	Jr	Spanish Fork HS	11-10.25	+0.0	1
43 # 595 Hansen, Gemma	Sr	Springville HS	11-07.75	+0.0	1
44 # 197 Harris, Sarah	Fr	Maple Mountain HS	11-07.00	+0.0	5
45 # 125 Wilding, Sarai	Sr	Lone Peak HS	11-04.50	+0.0	3
46 # 318 Stone, Nicole	Fr	Salem Hills HS	10-09.75	+0.0	1
47 # 392 Crandall, Savanna	So	Skyridge HS	10-08.25	0.8	2

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls Long Jump**

Name	Year	School	Finals	Wind	Points
Finals					
1 # 83 Beus, Mandy	Sr	Lone Peak HS	16-11.50	+0.0	10
2 # 31 Walker, Ronnie	Jr	Juab HS	16-10.25	+0.0	8
3 # 700 Gregory, Alyssa	So	Westlake HS	15-11.75	+0.0	6
4 # 19 Kay, Willow	Jr	Juab HS	15-11.50	+0.0	5
5 # 306 Peterson, Chloe	Fr	Salem Hills HS	15-10.75	+0.0	4
6 # 2 Anderson, Emilia	Sr	Juab HS	15-09.50	+0.0	3
7 # 589 Collett, Weslie	Fr	Springville HS	15-05.00	+0.0	2
8 # 84 Boggess, Meredith	Fr	Lone Peak HS	15-00.00	+0.0	1
9 # 99 Hansen, Alyce	So	Lone Peak HS	14-11.50	+0.0	

Girls Shot Put

Name	Year	School	Prelims	H#
Preliminaries				
1 # 720 Pili, Lia	So	Westlake HS	33-05.00q	3
2 # 719 Pili, Agalelei	Fr	Westlake HS	31-07.00q	3
3 # 406 Kauffman, Monica	Jr	Skyridge HS	31-05.00q	3
4 # 715 Parry, Ashley	Sr	Westlake HS	30-05.00q	3
5 # 315 Sorensen, Adri	Jr	Salem Hills HS	29-05.50q	1
6 # 716 Parry, Kymberly	So	Westlake HS	29-03.00q	3
7 # 287 Gammell, Brekell	Fr	Salem Hills HS	28-11.00q	1
8 # 396 Fainga, Nala	Jr	Skyridge HS	28-01.50q	3
9 # 189 Burge, Emma	Sr	Maple Mountain HS	27-10.00q	3
10 # 498 Allan, Erica	Jr	Spanish Fork HS	27-02.50	3
11 # 500 Beckstead, Kately	Jr	Spanish Fork HS	27-01.00	1
12 # 515 Iketau, Nia	Jr	Spanish Fork HS	26-08.50	3
13 # 86 Burke, Aubrielle	Sr	Lone Peak HS	26-08.00	2
14 # 301 Millet, Audrey	Jr	Salem Hills HS	26-01.50	2
14 # 618 Strong, Penina	So	Springville HS	26-01.50	2
16 # 79 Allen, Hailey	Sr	Lone Peak HS	25-10.50	2
17 # 724 Rigamoto, Tieri	Fr	Westlake HS	25-06.50	1
17 # 200 Knudsen, Grace	Fr	Maple Mountain HS	25-06.50	1
19 # 524 Park, Willow	Jr	Spanish Fork HS	25-04.50	2
20 # 699 Fano, Suzy	So	Westlake HS	25-01.50	3
21 # 402 Hodge, Carly	Fr	Skyridge HS	25-00.00	2
22 # 316 Spencer, Michelle	Sr	Salem Hills HS	24-11.50	2
22 # 613 Seeley, Savannah	Sr	Springville HS	24-11.50	2
24 # 430 Walker, Katie	Jr	Skyridge HS	24-09.50	2
25 # 213 Ribble, Maggie	So	Maple Mountain HS	24-07.50	2
26 # 723 Rigamoto, Mya	Jr	Westlake HS	24-05.00	2
27 # 12 Hansen, Cambrie	Sr	Juab HS	24-02.50	1
28 # 291 Holt, Albie	Jr	Salem Hills HS	24-00.50	1
29 # 325 Vance, Brooke	Jr	Salem Hills HS	23-05.50	1
30 # 499 Anderson, Kacey	So	Spanish Fork HS	23-05.00	1
31 # 223 Wills, Sierra	So	Maple Mountain HS	23-03.50	1
32 # 303 Oldroyd, Hailee	Jr	Salem Hills HS	22-08.00	1
33 # 9 Echols, Emma	Jr	Juab HS	22-07.50	2
34 # 308 Redhouse, Macy	Jr	Salem Hills HS	22-07.00	1
35 # 416 Nosenzo, Alyssa	Sr	Skyridge HS	22-05.50	1
36 # 3 Bender, Brynlee	Jr	Juab HS	22-00.00	1
37 # 583 Berry, Akaylea	Jr	Springville HS	18-07.00	1
38 # 523 Olsen, Adiah	Jr	Spanish Fork HS	14-04.50	1
39 # 695 Curcio, Julie	So	Westlake HS	13-08.50	2
-- # 397 Fainga, Salote	Sr	Skyridge HS	ND	3

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls Shot Put**

Name	Year	School	Finals	Points
Finals				
1 #	720	Pili, Lia	So Westlake HS	33-05.00 10
2 #	719	Pili, Agalelei	Fr Westlake HS	31-07.00 8
3 #	406	Kauffman, Monica	Jr Skyridge HS	31-05.00 6
4 #	715	Parry, Ashley	Sr Westlake HS	30-05.00 5
5 #	287	Gammell, Brekell	Fr Salem Hills HS	29-07.50 4
6 #	315	Sorensen, Adri	Jr Salem Hills HS	29-05.00 3
7 #	716	Parry, Kymberly	So Westlake HS	29-03.00 2
8 #	189	Burge, Emma	Sr Maple Mountain HS	28-01.75 1
9 #	396	Fainga, Nala	Jr Skyridge HS	28-01.50

Girls Discus Throw

Name	Year	School	Prelims	H#
Preliminaries				
1 #	720	Pili, Lia	So Westlake HS	111-10q 3
2 #	406	Kauffman, Monica	Jr Skyridge HS	94-00q 3
3 #	618	Strong, Penina	So Springville HS	92-03q 3
4 #	724	Rigamoto, Tieri	Fr Westlake HS	89-07q 3
5 #	524	Park, Willow	Jr Spanish Fork HS	84-06q 3
6 #	515	Iketau, Nia	Jr Spanish Fork HS	81-08q 3
7 #	12	Hansen, Cambrie	Sr Juab HS	80-02q 3
8 #	200	Knudsen, Grace	Fr Maple Mountain HS	79-08q 3
9 #	86	Burke, Aubrielle	Sr Lone Peak HS	76-00q 3
10 #	396	Fainga, Nala	Jr Skyridge HS	75-03 3
11 #	719	Pili, Agalelei	Fr Westlake HS	74-01 3
12 #	79	Allen, Hailey	Sr Lone Peak HS	73-05 3
13 #	397	Fainga, Salote	Sr Skyridge HS	72-04 2
14 #	189	Burge, Emma	Sr Maple Mountain HS	70-01 3
15 #	402	Hodge, Carly	Fr Skyridge HS	68-01 1
16 #	301	Millet, Audrey	Jr Salem Hills HS	66-11 3
17 #	430	Walker, Katie	Jr Skyridge HS	65-11 3
18 #	498	Allan, Erica	Jr Spanish Fork HS	65-07 2
19 #	291	Holt, Albie	Jr Salem Hills HS	64-10 1
19 #	287	Gammell, Brekell	Fr Salem Hills HS	64-10 1
21 #	308	Redhouse, Macy	Jr Salem Hills HS	64-05 2
22 #	598	Hopkinson, Genevi	Sr Springville HS	64-02 2
23 #	7	Darrington, Taya	Sr Juab HS	63-06 1
24 #	9	Echols, Emma	Jr Juab HS	62-05 2
25 #	326	Wassom, Marley	So Salem Hills HS	61-08 1
26 #	310	Rosenberg, Lexi	Sr Salem Hills HS	61-07 2
27 #	416	Nosenzo, Alyssa	Sr Skyridge HS	61-00 1
28 #	213	Ribble, Maggie	So Maple Mountain HS	60-09 2
29 #	422	Schmalbeck, Eve	Fr Skyridge HS	54-07 3
30 #	3	Bender, Brynlee	Jr Juab HS	54-04 1
31 #	583	Berry, Akaylea	Jr Springville HS	53-06 2
32 #	614	Simkins, Bailey	Sr Springville HS	52-04 2
33 #	25	Olsen, Cambree	So Juab HS	48-00 1

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls Discus Throw**

Name	Year	School	Finals	Points
Finals				
1 # 720 Pili, Lia	So	Westlake HS	111-10	10
2 # 406 Kauffman, Monica	Jr	Skyridge HS	94-00	8
3 # 618 Strong, Penina	So	Springville HS	93-02	6
4 # 724 Rigamoto, Tieri	Fr	Westlake HS	91-08	5
5 # 200 Knudsen, Grace	Fr	Maple Mountain HS	90-02	4
6 # 524 Park, Willow	Jr	Spanish Fork HS	84-06	3
7 # 515 Iketau, Nia	Jr	Spanish Fork HS	81-08	2
8 # 12 Hansen, Cambrie	Sr	Juab HS	80-02	1
9 # 86 Burke, Aubrielle	Sr	Lone Peak HS	76-00	

Girls Javelin Throw

Name	Year	School	Prelims	H#
Preliminaries				
1 # 715 Parry, Ashley	Sr	Westlake HS	107-10q	3
2 # 17 Hyatt, Tatum	Sr	Juab HS	105-03q	3
3 # 406 Kauffman, Monica	Jr	Skyridge HS	104-01q	3
4 # 5 Clark, Valerie	So	Juab HS	99-08q	3
5 # 300 Michelsen, Brinle	Sr	Salem Hills HS	99-00q	3
6 # 315 Sorensen, Adri	Jr	Salem Hills HS	97-10q	3
7 # 7 Darrington, Taya	Sr	Juab HS	95-08q	3
8 # 303 Oldroyd, Hailee	Jr	Salem Hills HS	95-01q	3
9 # 287 Gammell, Brekell	Fr	Salem Hills HS	92-10q	2
10 # 97 Grimmer, Grace	Jr	Lone Peak HS	91-00	3
11 # 604 Metler, Kaitlyn	Jr	Springville HS	89-07	3
12 # 200 Knudsen, Grace	Fr	Maple Mountain HS	84-07	1
13 # 322 Turnbow, Alesha	Sr	Salem Hills HS	83-07	2
14 # 28 Rowley, Ellie	Fr	Juab HS	82-10	2
15 # 720 Pili, Lia	So	Westlake HS	80-07	2
16 # 723 Rigamoto, Mya	Jr	Westlake HS	76-00	3
17 # 598 Hopkinson, Genevi	Sr	Springville HS	75-05	3
18 # 498 Allan, Erica	Jr	Spanish Fork HS	75-04	1
19 # 422 Schmalbeck, Eve	Fr	Skyridge HS	74-11	2
20 # 283 Campbell, Sierra	Sr	Salem Hills HS	74-02	3
21 # 526 Richardson, Allie	Jr	Spanish Fork HS	73-06	1
22 # 319 Tasker, Aubrey	Sr	Salem Hills HS	73-00	3
23 # 402 Hodge, Carly	Fr	Skyridge HS	72-11	1
24 # 404 Jacobs, Meg	Jr	Skyridge HS	72-08	2
25 # 223 Wills, Sierra	So	Maple Mountain HS	71-03	2
26 # 716 Parry, Kymberly	So	Westlake HS	69-09	2
27 # 714 Paletta, Ashton	Sr	Westlake HS	67-10	1
28 # 210 Owens, Lexie	Jr	Maple Mountain HS	67-06	1
29 # 724 Rigamoto, Tieri	Fr	Westlake HS	66-11	2
30 # 700 Gregory, Alyssa	So	Westlake HS	65-03	2
31 # 396 Fainga, Nala	Jr	Skyridge HS	64-08	2
32 # 3 Bender, Brynlee	Jr	Juab HS	63-01	1
33 # 189 Burge, Emma	Sr	Maple Mountain HS	60-05	2
34 # 405 Jugganaikloo, Lan	So	Skyridge HS	57-01	1
35 # 183 Badger, Heather	Jr	Maple Mountain HS	51-10	1
36 # 588 Carter, Chelby	So	Springville HS	50-06	1
37 # 416 Nosenzo, Alyssa	Sr	Skyridge HS	46-11	1

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Girls Javelin Throw**

Name	Year	School	Finals	Points
Finals				
1 # 315 Sorensen, Adri	Jr	Salem Hills HS	110-03	10
2 # 406 Kauffman, Monica	Jr	Skyridge HS	109-05	8
3 # 5 Clark, Valerie	So	Juab HS	109-00	6
4 # 715 Parry, Ashley	Sr	Westlake HS	108-08	5
5 # 17 Hyatt, Tatum	Sr	Juab HS	105-03	4
6 # 300 Michelsen, Brinle	Sr	Salem Hills HS	99-00	3
7 # 7 Darrington, Taya	Sr	Juab HS	95-08	2
8 # 303 Oldroyd, Hailee	Jr	Salem Hills HS	95-01	1
9 # 287 Gammell, Brekell	Fr	Salem Hills HS	92-10	

Boys 100 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
1 # 488 Taylor, Colin	Jr	Skyridge HS	11.47	1.7	1	10
2 # 734 Ballard, Blain	Sr	Westlake HS	11.49	1.7	1	8
3 # 669 Pilcher, David	Jr	Springville HS	11.64	1.7	1	6
4 # 347 Jackson, Kaleb	Jr	Salem Hills HS	11.67	1.2	2	5 11.665
5 # 680 Snapp, Connor	Jr	Springville HS	11.67	1.7	1	4 11.667
6 # 179 Wood, Josh	Sr	Lone Peak HS	11.69	1.1	3	3
7 # 174 Ward, Gavin	So	Lone Peak HS	11.72	1.7	1	2
8 # 43 Blackett, Bodee	So	Juab HS	11.75	1.2	2	1
9 # 69 Perry, Brigham	Sr	Juab HS	11.82	1.2	2	
10 # 181 Wright, Jonas	Sr	Lone Peak HS	11.83	1.6	4	
11 # 758 Johnson, Kaden	Sr	Westlake HS	11.84	1.1	3	
12 # 661 Lee, Tyson	Jr	Springville HS	11.86	1.7	1	
13 # 161 Rugg, Conner	Sr	Lone Peak HS	11.96	1.7	1	
14 # 330 Barnum, Isaac	Jr	Salem Hills HS	12.01	1.6	5	
15 # 74 West, Dallan	Jr	Juab HS	12.02	1.6	4	
16 # 451 Hadfield, Jack	Fr	Skyridge HS	12.10	1.6	5	
17 # 178 Winn, Cory	Sr	Lone Peak HS	12.12	1.1	3	
18 # 64 McFarland, Aiton	Sr	Juab HS	12.13	1.6	4	
18 # 152 Miles, Corey	Jr	Lone Peak HS	12.13	1.6	5	
20 # 351 MacArthur, Jacob	Sr	Salem Hills HS	12.16	0.9	6	
21 # 749 Gardner, Xander	Fr	Westlake HS	12.18	1.6	4	
22 # 164 Sherman, Ethan	Jr	Lone Peak HS	12.20	1.1	3	
23 # 441 Beck, Coleman	So	Skyridge HS	12.23	0.9	6	
24 # 477 Nielson, Mitchell	Sr	Skyridge HS	12.24	1.1	3	
25 # 464 Lambert, Jackson	So	Skyridge HS	12.30	1.6	5	
26 # 277 Wright, Herbert	Sr	Maple Mountain HS	12.33	1.2	2	
26 # 496 Winward, Sawyer	Fr	Skyridge HS	12.33	1.6	5	
28 # 550 Gunter, Jace	Fr	Spanish Fork HS	12.38	0.9	6	
29 # 652 Holloway, Tyler	Jr	Springville HS	12.39	1.1	3	
30 # 238 Harris, Taylor	Jr	Maple Mountain HS	12.42	1.2	2	
31 # 739 Bullock, Jake	Sr	Westlake HS	12.43	1.6	5	
32 # 468 Loria, Josh	So	Skyridge HS	12.47	1.1	3	
33 # 481 Shipp, Jared	Jr	Skyridge HS	12.48	1.5	7	
34 # 237 Golding, Carson	Fr	Maple Mountain HS	12.50	1.2	2	
35 # 751 Goodwin, Aiden	Sr	Westlake HS	12.51	1.6	5	
36 # 675 Sedgley, Wheeler	So	Springville HS	12.52	1.1	3	
37 # 559 Muhlesein, Morgan	So	Spanish Fork HS	12.53	1.6	4	
38 # 776 Whiting, Colton	Sr	Westlake HS	12.55	1.5	7	
39 # 54 Dye, Jared	Fr	Juab HS	12.58	1.5	7	
40 # 60 Kool, Clarence	Sr	Juab HS	12.61	0.9	6	
41 # 257 Oberhansley, Beau	Sr	Maple Mountain HS	12.73	1.2	2	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Boys 100 Meter Dash**

42 #	76	Wilkerson, Mason	Jr Juab HS	12.82	1.8	8
43 #	144	Heimuli, Jonah	So Lone Peak HS	12.83	1.6	5
44 #	374	Terranova, Keynon	So Salem Hills HS	12.87	1.8	8
45 #	737	Benham, Lance	Fr Westlake HS	12.88	0.9	6
45 #	278	Wright, Teddy	So Maple Mountain HS	12.88	1.6	4
47 #	546	Evans, Brigham	So Spanish Fork HS	12.98	0.9	6
48 #	562	Olson, Greg	Jr Spanish Fork HS	13.06	1.8	8
49 #	263	Rich, Jackson	Sr Maple Mountain HS	13.13	1.6	4
50 #	748	Furey, Hayden	Sr Westlake HS	13.19	0.9	6
51 #	376	Thornock, Nate	Sr Salem Hills HS	13.37	1.8	8
52 #	232	Davis, Ethan	So Maple Mountain HS	13.40	1.5	7
53 #	567	Rankin, Kyler	So Spanish Fork HS	13.44	1.8	8
54 #	354	Miner, Kyle	Jr Salem Hills HS	13.51	1.8	8
55 #	535	Ames, Braydon	So Spanish Fork HS	14.31	1.8	8
56 #	551	Huntsman, Bruce	So Spanish Fork HS	14.67	1.5	7

Boys 200 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
1 #	734	Ballard, Blain	Sr Westlake HS	23.22	+0.0	1 10
2 #	489	Taylor, Josh	Sr Skyridge HS	23.24	+0.0	1 8
3 #	488	Taylor, Colin	Jr Skyridge HS	23.66	+0.0	1 6
4 #	361	Rogers, Tanner	So Salem Hills HS	23.80	-0.8	2 5
5 #	347	Jackson, Kaleb	Jr Salem Hills HS	23.98	+0.0	3 4
6 #	557	Moore, Jacob	Jr Spanish Fork HS	24.23	+0.0	3 3
7 #	333	Chisholm, Ty	Sr Salem Hills HS	24.25	-0.8	2 2
8 #	669	Pilcher, David	Jr Springville HS	24.28	-0.8	2 1
9 #	758	Johnson, Kaden	Sr Westlake HS	24.30	+0.0	3
10 #	179	Wood, Josh	Sr Lone Peak HS	24.40	-0.8	2
11 #	351	MacArthur, Jacob	Sr Salem Hills HS	24.51	+0.0	4
12 #	661	Lee, Tyson	Jr Springville HS	24.55	-0.8	2
13 #	152	Miles, Corey	Jr Lone Peak HS	24.71	+0.0	4
14 #	330	Barnum, Isaac	Jr Salem Hills HS	24.81	+0.0	4
15 #	370	Staheli, Max	So Salem Hills HS	24.89	+0.0	5
16 #	341	Gonzalez, Marcus	So Salem Hills HS	24.95	+0.0	5
17 #	178	Winn, Cory	Sr Lone Peak HS	25.02	+0.0	3
18 #	657	Kelly, Reagan	Sr Springville HS	25.12	+0.0	5
19 #	64	McFarland, Aiton	Sr Juab HS	25.14	+0.0	5
20 #	164	Sherman, Ethan	Jr Lone Peak HS	25.23	+0.0	4
21 #	478	Pack, Bridger	Jr Skyridge HS	25.25	+0.0	3
22 #	270	Taylor, Gavin	Jr Maple Mountain HS	25.34	+0.0	1
23 #	475	Mortenson, Nathan	Jr Skyridge HS	25.45	+0.0	4
24 #	63	Matheson, Bryton	So Juab HS	25.61	-0.1	6
25 #	175	Whisman, Elijah	Jr Lone Peak HS	25.65	+0.0	3
26 #	54	Dye, Jared	Fr Juab HS	25.79	-0.1	6
27 #	751	Goodwin, Aiden	Sr Westlake HS	25.84	-0.1	6
28 #	468	Loria, Josh	So Skyridge HS	25.88	+0.0	4
29 #	181	Wright, Jonas	Sr Lone Peak HS	25.95	+0.0	3
30 #	464	Lambert, Jackson	So Skyridge HS	25.99	+0.0	5
31 #	238	Harris, Taylor	Jr Maple Mountain HS	26.01	+0.0	1
32 #	662	Maccabee, Tyler	Sr Springville HS	26.10	+0.0	5
33 #	674	Sadler, Brandon	Sr Springville HS	26.14	-0.1	6
34 #	257	Oberhansley, Beau	Sr Maple Mountain HS	26.23	-0.8	2
35 #	73	Stevens, Louk	So Juab HS	26.35	+0.0	8
36 #	776	Whiting, Colton	Sr Westlake HS	26.43	-0.1	6
37 #	770	Sellick, Mark	Jr Westlake HS	26.62	+0.0	8
38 #	76	Wilkerson, Mason	Jr Juab HS	27.03	+0.0	8

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****...Boys 200 Meter Dash**

39 #	58 Hills, Parker	Fr Juab HS	27.22	+0.0	8
40 #	748 Furey, Hayden	Sr Westlake HS	27.44	-0.1	6
41 #	245 Kump, Thaddius	Sr Maple Mountain HS	27.49	-0.1	6
42 #	573 Smith, Logan	Jr Spanish Fork HS	28.75	+0.0	8
43 #	574 Smith, Remy	Fr Spanish Fork HS	29.72	+0.0	8

Boys 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 # 489 Taylor, Josh	Sr	Skyridge HS	49.94	1	10
2 # 174 Ward, Gavin	So	Lone Peak HS	51.82	1	8
3 # 762 Masias, Matt	Jr	Westlake HS	52.44	1	6
4 # 361 Rogers, Tanner	So	Salem Hills HS	52.97	1	5
5 # 560 Olsen, Cade	Fr	Spanish Fork HS	53.17	2	4
6 # 557 Moore, Jacob	Jr	Spanish Fork HS	53.39	1	3
7 # 333 Chisholm, Ty	Sr	Salem Hills HS	53.52	1	2
8 # 161 Rugg, Conner	Sr	Lone Peak HS	53.65	2	1
9 # 259 Parkinson, Cade	Jr	Maple Mountain HS	53.77	3	
10 # 657 Kelly, Reagan	Sr	Springville HS	53.80	3	
11 # 253 Meredith, Brandon	Sr	Maple Mountain HS	53.82	3	
12 # 152 Miles, Corey	Jr	Lone Peak HS	54.10	4	
13 # 561 Olsen, Tanner	Sr	Spanish Fork HS	54.69	1	
13 # 642 Francom, McKay	So	Springville HS	54.69	2	
15 # 487 Talley, Cole	Jr	Skyridge HS	54.87	2	
16 # 556 Marsigli, Josh	So	Spanish Fork HS	55.04	3	
17 # 270 Taylor, Gavin	Jr	Maple Mountain HS	55.47	2	
18 # 478 Pack, Bridger	Jr	Skyridge HS	55.51	2	
19 # 353 McEwan, Dylan	Sr	Salem Hills HS	55.56	3	
20 # 56 Fletcher, Coltin	Jr	Juab HS	56.04	3	
21 # 176 Whisman, Julian	Fr	Lone Peak HS	56.18	5	
22 # 178 Winn, Cory	Sr	Lone Peak HS	56.42	4	
23 # 330 Barnum, Isaac	Jr	Salem Hills HS	56.48	4	
24 # 38 Bailey, Jake	So	Juab HS	56.66	3	
25 # 674 Sadler, Brandon	Sr	Springville HS	56.79	5	
26 # 370 Staheli, Max	So	Salem Hills HS	57.24	5	
27 # 172 Tooley, Eli	Jr	Lone Peak HS	57.65	4	
28 # 245 Kump, Thaddius	Sr	Maple Mountain HS	57.67	2	
29 # 455 Haynes, Shane	Jr	Skyridge HS	57.85	4	
30 # 662 Maccabee, Tyler	Sr	Springville HS	57.95	7	
31 # 162 Rugg, Ethan	So	Lone Peak HS	58.00	5	
32 # 442 Brandt, James	Jr	Skyridge HS	58.20	4	
32 # 54 Dye, Jared	Fr	Juab HS	58.20	5	
34 # 751 Goodwin, Aiden	Sr	Westlake HS	59.30	4	
35 # 682 Williamson, Tyson	Jr	Springville HS	59.31	6	
36 # 171 Timothy, Tristan	Sr	Lone Peak HS	1:00.01	6	
37 # 434 Allfrey, Braden	Sr	Skyridge HS	1:00.36	5	
38 # 554 Larsen, Spencer	Fr	Spanish Fork HS	1:01.47	7	
39 # 332 Caldwell, Tyler	Sr	Salem Hills HS	1:01.50	7	
40 # 737 Benham, Lance	Fr	Westlake HS	1:01.73	6	
41 # 743 Cowan, Cooper	Fr	Westlake HS	1:01.85	5	
42 # 338 Cook, Tyler	Sr	Salem Hills HS	1:02.20	6	
43 # 468 Loria, Josh	So	Skyridge HS	1:02.21	4	
44 # 567 Rankin, Kyler	So	Spanish Fork HS	1:04.22	7	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys 800 Meter Run**

Name	Year	School	Finals	H#	Points
1 # 667 Paxton, Carter	Sr	Springville HS	2:01.10	1	10
2 # 355 Morgan, Brandon	Sr	Salem Hills HS	2:02.31	1	8
3 # 624 Adams, Jackson	Jr	Springville HS	2:04.77	1	6
4 # 156 Mott, Tristan	Jr	Lone Peak HS	2:05.02	1	5
5 # 561 Olsen, Tanner	Sr	Spanish Fork HS	2:05.36	1	4
6 # 448 Dillon, Parker	Sr	Skyridge HS	2:05.91	1	3
7 # 494 Wallgren, Seth	Fr	Skyridge HS	2:06.36	1	2
8 # 259 Parkinson, Cade	Jr	Maple Mountain HS	2:07.16	1	1
9 # 253 Meredith, Brandon	Sr	Maple Mountain HS	2:09.71	1	
10 # 343 Griggs, Xander	Jr	Salem Hills HS	2:10.23	1	
11 # 159 Prosser, Tye	So	Lone Peak HS	2:10.73	1	
12 # 459 Jensen, Koby	Sr	Skyridge HS	2:11.10	1	
13 # 445 Brock, Derek	So	Skyridge HS	2:12.27	1	
14 # 742 Chappell, Tanner	Sr	Westlake HS	2:13.20	2	
15 # 53 Dinkel, Tyler	Jr	Juab HS	2:14.02	2	
16 # 358 Olson, Grandin	So	Salem Hills HS	2:14.35	2	
17 # 668 Paxton, Kaden	So	Springville HS	2:14.42	1	
18 # 453 Harris, Jacob	Jr	Skyridge HS	2:15.74	2	
19 # 265 Sharp, Andrew	So	Maple Mountain HS	2:16.64	2	
20 # 775 Westphal, Kyler	Jr	Westlake HS	2:17.02	2	
21 # 630 Bradshaw, Zachary	So	Springville HS	2:17.54	2	
22 # 457 Hunsaker, Zach	Fr	Skyridge HS	2:20.99	2	
23 # 340 DeHart, Tanner	Sr	Salem Hills HS	2:22.10	3	
24 # 781 Evans, Tanner	Fr	Westlake HS	2:22.71	2	
25 # 366 Small, Gabriel	So	Salem Hills HS	2:22.96	3	
26 # 345 Hunter, Zach	Jr	Salem Hills HS	2:23.11	2	
27 # 148 Leineger, Spencer	Fr	Lone Peak HS	2:23.66	2	
28 # 670 Poole, Justin	Sr	Springville HS	2:24.01	3	
29 # 243 Hunter, Holden	Sr	Maple Mountain HS	2:24.09	2	
30 # 640 Farrerr, McKay	Jr	Springville HS	2:24.11	3	
31 # 738 Boles, Samuel	So	Westlake HS	2:24.56	3	
32 # 458 Hurst, Will	So	Skyridge HS	2:24.59	3	
33 # 137 Creer, Peter	Fr	Lone Peak HS	2:24.61	2	
34 # 555 Marshall, Bryce	Jr	Spanish Fork HS	2:24.95	2	
35 # 755 Hokanson, Caleb	Jr	Westlake HS	2:25.16	3	
36 # 437 Barfuss, Braden	Sr	Skyridge HS	2:25.30	2	
37 # 165 Shields, Jeff	Fr	Lone Peak HS	2:25.95	2	
38 # 272 Webster, Corbin	Jr	Maple Mountain HS	2:27.50	2	
39 # 746 Freeman, Chris	Jr	Westlake HS	2:29.04	3	
40 # 170 Tew, Zach	Fr	Lone Peak HS	2:29.53	2	
41 # 249 McBride, Coy	So	Maple Mountain HS	2:30.15	3	
42 # 371 Stepp, Matthew	Jr	Salem Hills HS	2:30.35	3	
43 # 761 Kroff, Spencer	Fr	Westlake HS	2:30.51	3	
44 # 133 Chandler, Kazdyn	Sr	Lone Peak HS	2:33.00	2	
45 # 681 Taylor, Jaden	Jr	Springville HS	2:35.75	3	
46 # 339 Crawford, Ethen	Jr	Salem Hills HS	2:45.19	3	
47 # 677 Silva, Colby	So	Springville HS	2:45.29	3	
48 # 47 Cannell, Ben	Fr	Juab HS	2:58.04	3	
49 # 62 Manning, Kolten	Fr	Juab HS	2:59.12	3	
50 # 46 Bunker, Kaleb	Fr	Juab HS	2:59.91	3	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys 1600 Meter Run**

Name	Year	School	Finals	H#	Points
1 # 355 Morgan, Brandon	Sr	Salem Hills HS	4:37.37	1	10
2 # 156 Mott, Tristan	Jr	Lone Peak HS	4:39.72	1	8
3 # 135 Clark, Charlie	Jr	Lone Peak HS	4:40.81	1	6
4 # 766 Moffat, Michael	So	Westlake HS	4:42.11	1	5
5 # 276 Woolford, Isaac	Fr	Maple Mountain HS	4:43.09	1	4
6 # 545 Dedrickson, Garre	Jr	Spanish Fork HS	4:43.91	1	3
7 # 572 Scott, Jordon	Sr	Spanish Fork HS	4:45.36	1	2
8 # 772 Taylor, Noah	Sr	Westlake HS	4:48.83	2	1
9 # 778 Woodrum, James	Sr	Westlake HS	4:49.22	2	
10 # 537 Bailey, Spencer	Jr	Spanish Fork HS	4:50.07	2	
11 # 568 Reese, Tyler	So	Spanish Fork HS	4:50.17	2	
12 # 438 Barfuss, Jarren	So	Skyridge HS	4:51.10	2	
13 # 759 Jones, Nicolas	Jr	Westlake HS	4:51.50	2	
14 # 540 Cable, Matthew	Jr	Spanish Fork HS	4:51.85	1	
15 # 133 Chandler, Kazdyn	Sr	Lone Peak HS	4:53.94	1	
16 # 138 Doman, Luke	So	Lone Peak HS	4:53.99	1	
17 # 454 Harris, James	Sr	Skyridge HS	4:54.52	1	
18 # 378 Wilkey, Carter	Jr	Salem Hills HS	4:56.16	2	
19 # 463 Kjar, Seth	Fr	Skyridge HS	4:57.09	2	
20 # 472 Merrell, Ben	Sr	Skyridge HS	4:57.63	2	
21 # 166 Smith, Ethan	So	Lone Peak HS	4:57.94	2	
22 # 343 Griggs, Xander	Jr	Salem Hills HS	4:58.19	2	
23 # 645 Garnica, Logan	Fr	Springville HS	4:58.91	1	
24 # 646 Gee, Jacob	So	Springville HS	4:58.93	2	
25 # 473 Morrison, Logan	So	Skyridge HS	4:59.61	2	
26 # 452 Harmon, Cole	So	Skyridge HS	5:00.16	2	
27 # 244 Jensen, John	Jr	Maple Mountain HS	5:00.43	2	
28 # 771 Smith, Matthew	Sr	Westlake HS	5:00.60	2	
29 # 52 Day, Dason	Fr	Juab HS	5:01.40	2	
30 # 768 Raff, Joseph	Sr	Westlake HS	5:01.55	2	
31 # 53 Dinkel, Tyler	Jr	Juab HS	5:02.84	3	
32 # 467 Logan, Jd	So	Skyridge HS	5:02.88	3	
33 # 651 Hodson, Isaac	Sr	Springville HS	5:04.52	2	
34 # 329 Bailey, Brett	Fr	Salem Hills HS	5:04.66	3	
35 # 147 Judd, Brandon	Sr	Lone Peak HS	5:05.45	3	
36 # 250 Meeks, Hunter	So	Maple Mountain HS	5:07.23	2	
37 # 638 Dalley, McKay	So	Springville HS	5:09.18	3	
38 # 265 Sharp, Andrew	So	Maple Mountain HS	5:10.62	3	
39 # 671 Price, Ben	So	Springville HS	5:11.47	2	
40 # 627 Barrett, Calvin	Sr	Springville HS	5:12.12	3	
41 # 760 Kasanicky, Thomas	Jr	Westlake HS	5:13.67	2	
42 # 134 Chandler, Kedryn	So	Lone Peak HS	5:13.77	3	
43 # 449 Eastmond, Colby	Jr	Skyridge HS	5:17.10	2	
44 # 44 Braden, Jared	Jr	Juab HS	5:17.26	3	
45 # 36 Allred, Korbin	So	Juab HS	5:18.78	3	
46 # 272 Webster, Corbin	Jr	Maple Mountain HS	5:19.66	3	
47 # 539 Buckley, Daniel	So	Spanish Fork HS	5:21.58	3	
48 # 365 Scott, Stratton	Sr	Salem Hills HS	5:22.46	3	
49 # 243 Hunter, Holden	Sr	Maple Mountain HS	5:23.21	3	
50 # 542 Cobb, Ryan	So	Spanish Fork HS	5:30.34	3	
51 # 249 McBride, Coy	So	Maple Mountain HS	5:31.22	3	
52 # 226 Brinkerhoff, Samu	Jr	Maple Mountain HS	5:32.42	3	
53 # 366 Small, Gabriel	So	Salem Hills HS	5:34.59	3	
54 # 679 Sines, Ethan	Sr	Springville HS	5:42.08	3	
55 # 344 Haskell, Stockton	Jr	Salem Hills HS	5:46.17	3	
56 # 50 Covington, Thomas	Fr	Juab HS	5:49.86	3	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****...Boys 1600 Meter Run**

57 #	335	Coffman, Brandon	So	Salem Hills HS	5:58.90	3
58 #	632	Caswell, Connor	Fr	Springville HS	5:59.33	3
59 #	49	Cieslak, Tristan	Fr	Juab HS	6:00.17	3
60 #	46	Bunker, Kaleb	Fr	Juab HS	6:44.51	3
61 #	62	Manning, Kolten	Fr	Juab HS	6:45.56	3

Boys 3200 Meter Run

Name	Year	School	Finals	H#	Points
1 # 132 Bybee, Jake	Jr	Lone Peak HS	9:52.08	1	10
2 # 491 Thompson, Creed	So	Skyridge HS	9:52.91	1	8
3 # 141 Finch, Carson	Jr	Lone Peak HS	9:57.51	1	6
4 # 492 Thompson, Davin	So	Skyridge HS	9:57.75	1	5
5 # 155 Miller, Jack	Jr	Lone Peak HS	9:58.31	1	4
6 # 163 Rummler, Dallin	Sr	Lone Peak HS	9:58.41	1	3
7 # 765 Megargel, Jedidia	So	Westlake HS	10:03.85	1	2
8 # 659 Krieger, Adam	Sr	Springville HS	10:08.49	1	1
9 # 639 Eifert, Michael	Jr	Springville HS	10:13.38	1	
10 # 673 Roberts, Tj	Sr	Springville HS	10:17.63	1	
11 # 756 Hudson, Tyler	So	Westlake HS	10:20.37	1	
12 # 378 Wilkey, Carter	Jr	Salem Hills HS	10:29.78	1	
13 # 471 Menendez, Satchel	Jr	Skyridge HS	10:33.57	1	
14 # 643 Francom, William	Jr	Springville HS	10:34.57	1	
15 # 447 Cook, Nathan	Jr	Skyridge HS	10:37.42	1	
16 # 266 Skelton, David	Jr	Maple Mountain HS	10:37.74	1	
17 # 741 Case, Matthew	Sr	Westlake HS	10:43.99	1	
18 # 740 Call, Jay	Jr	Westlake HS	10:50.65	2	
19 # 127 Alcorn, Davis	Fr	Lone Peak HS	10:54.37	2	
20 # 52 Day, Dason	Fr	Juab HS	10:59.22	2	
21 # 440 Barney, Josh	Jr	Skyridge HS	11:03.68	1	
22 # 655 Johns, Chase	So	Springville HS	11:03.76	1	
23 # 130 Bird, Sam	Jr	Lone Peak HS	11:04.44	2	
24 # 753 Hatch, Trevor	Jr	Westlake HS	11:14.00	2	
25 # 151 McGrath, Calvin	Jr	Lone Peak HS	11:16.54	2	
26 # 626 Balagna, Colton	Fr	Springville HS	11:19.81	2	
27 # 143 Hanna, Jackson	So	Lone Peak HS	11:19.83	2	
28 # 358 Olson, Grandin	So	Salem Hills HS	11:29.77	2	
29 # 752 Harper, Dustin	Jr	Westlake HS	11:49.61	2	
30 # 497 Wright, Dallyn	Fr	Skyridge HS	11:50.74	2	
31 # 44 Braden, Jared	Jr	Juab HS	12:04.92	2	
32 # 747 Freeman, Matthew	Fr	Westlake HS	12:05.37	2	
33 # 479 Reeder, Kyle	Jr	Skyridge HS	12:17.52	2	
34 # 466 Lindsey, Ryan	Fr	Skyridge HS	12:29.10	2	
35 # 648 Harrison, Joseph	Sr	Springville HS	12:30.51	2	
36 # 264 Rober, Briggs	Fr	Maple Mountain HS	12:40.21	2	
37 # 50 Covington, Thomas	Fr	Juab HS	12:42.12	2	
38 # 344 Haskell, Stockton	Jr	Salem Hills HS	12:45.83	2	
39 # 364 Sanchez, Tyke	So	Salem Hills HS	13:28.70	2	
40 # 363 Sanchez, Cruz	So	Salem Hills HS	13:30.59	2	
41 # 47 Cannell, Ben	Fr	Juab HS	16:00.14	2	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys 110 Meter Hurdles**

Name	Year	School	Finals	Wind	H#	Points
1 # 557 Moore, Jacob	Jr	Spanish Fork HS	16.99	2.1	1	10
2 # 543 Davis, McCade	So	Spanish Fork HS	17.34	2.1	1	8
3 # 149 Masters, Bailey	Sr	Lone Peak HS	17.97	2.1	1	6
4 # 175 Whisman, Elijah	Jr	Lone Peak HS	18.12	1.2	2	5
5 # 475 Mortenson, Nathan	Jr	Skyridge HS	18.19	2.1	1	4
6 # 230 Christiansen, Sha	Jr	Maple Mountain HS	18.25	1.2	2	3
7 # 647 Harlow, Timothy	Jr	Springville HS	18.42	2.1	1	2
8 # 241 Hovanski, Simon	Jr	Maple Mountain HS	18.67	2.1	1	1
9 # 63 Matheson, Bryton	So	Juab HS	19.00	1.6	3	
10 # 676 Seeley, Justice	Fr	Springville HS	19.16	2.1	1	
11 # 483 Stowers, Tyler	So	Skyridge HS	19.22	1.6	3	
12 # 745 Farrer, Carson	Jr	Westlake HS	19.45	1.6	3	
13 # 128 Asay, Nathan	Jr	Lone Peak HS	19.73	1.6	3	
14 # 665 Nielsen, Isaac	So	Springville HS	19.77	1.2	2	
15 # 570 Roberts, Nate	Jr	Spanish Fork HS	19.98	1.6	3	
15 # 379 Zobell, Zane	Jr	Salem Hills HS	19.98	1.6	3	
17 # 465 Layne, Henry	Jr	Skyridge HS	20.53	1.6	4	
18 # 145 Hicks, Parker	Sr	Lone Peak HS	21.00	1.6	4	
19 # 359 Pedersen, Tucker	Jr	Salem Hills HS	21.04	1.2	2	
20 # 666 Nissen, James	So	Springville HS	21.53	1.6	4	
21 # 240 Hinkley, Taylor	So	Maple Mountain HS	21.62	1.2	2	
22 # 337 Cook, Tom	So	Salem Hills HS	22.56	1.6	4	
23 # 455 Haynes, Shane	Jr	Skyridge HS	22.62	1.6	3	
24 # 373 Tasker, Trenton	So	Salem Hills HS	22.82	1.6	4	

Boys 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 # 475 Mortenson, Nathan	Jr	Skyridge HS	43.27	1	10
2 # 139 Ellis, Porter	Sr	Lone Peak HS	43.36	1	8
3 # 63 Matheson, Bryton	So	Juab HS	44.49	1	6
4 # 149 Masters, Bailey	Sr	Lone Peak HS	45.94	1	5
5 # 664 McConnell, Spence	Jr	Springville HS	46.11	1	4
6 # 175 Whisman, Elijah	Jr	Lone Peak HS	46.71	1	3
7 # 543 Davis, McCade	So	Spanish Fork HS	47.04	2	2
8 # 676 Seeley, Justice	Fr	Springville HS	47.89	2	1
9 # 465 Layne, Henry	Jr	Skyridge HS	48.01	2	
10 # 128 Asay, Nathan	Jr	Lone Peak HS	48.39	3	
11 # 570 Roberts, Nate	Jr	Spanish Fork HS	48.42	4	
12 # 435 Athay, Nathan	Fr	Skyridge HS	49.01	3	
13 # 745 Farrer, Carson	Jr	Westlake HS	50.16	4	
14 # 45 Buck, Colter	Fr	Juab HS	51.31	3	
15 # 334 Clair, Jason	Jr	Salem Hills HS	51.54	4	
16 # 379 Zobell, Zane	Jr	Salem Hills HS	52.09	4	
17 # 455 Haynes, Shane	Jr	Skyridge HS	52.21	4	
18 # 145 Hicks, Parker	Sr	Lone Peak HS	53.28	4	
19 # 631 Brimhall, Seth	Jr	Springville HS	54.15	3	
20 # 373 Tasker, Trenton	So	Salem Hills HS	55.27	3	
21 # 240 Hinkley, Taylor	So	Maple Mountain HS	56.32	2	
22 # 359 Pedersen, Tucker	Jr	Salem Hills HS	56.80	3	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys 4x100 Meter Relay**

School	Finals	Points
1 Salem Hills HS 'A'	44.59	10
1) #347 Jackson, Kaleb Jr	2) #351 MacArthur, Jacob Sr	
3) #333 Chisholm, Ty Sr	4) #361 Rogers, Tanner So	
2 Springville HS 'A'	45.49	8
1) #669 Pilcher, David Jr	2) #652 Holloway, Tyler Jr	
3) #661 Lee, Tyson Jr	4) #680 Snapp, Connor Jr	
3 Juab HS 'A'	46.64	6
1) #74 West, Dallan Jr	2) #64 McFarland, Aiton Sr	
3) #43 Blackett, Bodee So	4) #69 Perry, Brigham Sr	
4 Skyridge HS 'A'	46.66	5
1) #488 Taylor, Colin Jr	2) #477 Nielson, Mitchell Sr	
3) #468 Loria, Josh So	4) #486 Sturgeon, Gavin Sr	
5 Spanish Fork HS 'A'	47.88	4
1) #546 Evans, Brigham So	2) #559 Muhlesein, Morgan So	
3) #556 Marsigli, Josh So	4) #558 Morley, Kimball Sr	
6 Lone Peak HS 'A'	48.74	3
1) #144 Heimuli, Jonah So	2) #164 Sherman, Ethan Jr	
3) #149 Masters, Bailey Sr	4) #176 Whisman, Julian Fr	
7 Maple Mountain HS 'A'	49.35	2
1) #237 Golding, Carson Fr	2) #263 Rich, Jackson Sr	
3) #238 Harris, Taylor Jr	4) #277 Wright, Herbert Sr	
8 Westlake HS 'A'	49.76	1

Boys 4x400 Meter Relay

School	Finals	Points
1 Skyridge HS 'A'	3:30.73	10
1) #486 Sturgeon, Gavin Sr	2) #488 Taylor, Colin Jr	
3) #487 Talley, Cole Jr	4) #489 Taylor, Josh Sr	
2 Westlake HS 'A'	3:31.12	8
1) #758 Johnson, Kaden Sr	2) #762 Masias, Matt Jr	
3) #734 Ballard, Blain Sr	4) #766 Moffat, Michael So	
3 Springville HS 'A'	3:33.90	6
1) #657 Kelly, Reagan Sr	2) #680 Snapp, Connor Jr	
3) #642 Francom, McKay So	4) #667 Paxton, Carter Sr	
4 Lone Peak HS 'A'	3:34.25	5
1) #175 Whisman, Elijah Jr	2) #178 Winn, Cory Sr	
3) #161 Rugg, Conner Sr	4) #174 Ward, Gavin So	
5 Salem Hills HS 'A'	3:42.44	4
1) #333 Chisholm, Ty Sr	2) #353 McEwan, Dylan Sr	
3) #370 Staheli, Max So	4) #361 Rogers, Tanner So	
6 Spanish Fork HS 'A'	3:43.06	3
1) #556 Marsigli, Josh So	2) #565 Parry, Koby Jr	
3) #540 Cable, Matthew Jr	4) #537 Bailey, Spencer Jr	
7 Juab HS 'A'	3:43.16	2
1) #69 Perry, Brigham Sr	2) #38 Bailey, Jake So	
3) #53 Dinkel, Tyler Jr	4) #56 Fletcher, Coltin Jr	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys 1600 Sprint Medley**

School	Finals	Points
1 Maple Mountain HS 'A'	3:51.56	10
1) #245 Kump, Thaddius Sr	2) #275 Wing, Ryan So	
3) #270 Taylor, Gavin Jr	4) #235 Farnworth, Parker Sr	
2 Lone Peak HS 'A'	4:00.13	8
1) #179 Wood, Josh Sr	2) #161 Rugg, Conner Sr	
3) #181 Wright, Jonas Sr	4) #135 Clark, Charlie Jr	
3 Westlake HS 'A'	4:01.38	6
1) #773 Tenney, Owen Jr	2) #772 Taylor, Noah Sr	
4 Skyridge HS 'A'	4:05.29	5
1) #481 Shipp, Jared Jr	2) #434 Allfrey, Braden Sr	
3) #465 Layne, Henry Jr	4) #454 Harris, James Sr	
5 Spanish Fork HS 'A'	4:08.47	4
1) #546 Evans, Brigham So	2) #543 Davis, McCade So	
3) #572 Scott, Jordon Sr	4) #545 Dedrickson, Garrett Jr	
6 Salem Hills HS 'A'	4:17.13	3
7 Juab HS 'A'	4:32.28	2
1) #36 Allred, Korbin So	2) #37 Allred, Mitchell So	
3) #40 Baxter, Boston So	4) #49 Cieslak, Tristan Fr	

Boys High Jump

Name	Year	School	Finals	Points
1 # 653 Holman, Jonathan	Jr	Springville HS	6-04.00	10
2 # 446 Child, Austin	Sr	Skyridge HS	6-02.00	8
3 # 360 Peterson, Carson	Sr	Salem Hills HS	6-00.00	6
4 # 773 Tenney, Owen	Jr	Westlake HS	5-10.00	5
5 # 340 DeHart, Tanner	Sr	Salem Hills HS	J5-10.00	4
6 # 65 Olsen, Dawson	So	Juab HS	J5-10.00	3
7 # 146 Jarema, Zach	Jr	Lone Peak HS	J5-10.00	2
8 # 571 Scott, Hunter	So	Spanish Fork HS	5-06.00	0.33
8 # 483 Stowers, Tyler	So	Skyridge HS	5-06.00	0.33
8 # 59 Howarth, Gavin	So	Juab HS	5-06.00	0.33
11 # 368 Southwick, Dallin	Sr	Salem Hills HS	J5-06.00	
11 # 150 Matern, Sean	So	Lone Peak HS	J5-06.00	
11 # 274 Wills, Chandler	Sr	Maple Mountain HS	J5-06.00	
11 # 72 Robertson, Kollin	Jr	Juab HS	J5-06.00	
-- # 45 Buck, Colter	Fr	Juab HS	NH	
-- # 625 Anderson, Brighto	Jr	Springville HS	NH	
-- # 647 Harlow, Timothy	Jr	Springville HS	NH	
-- # 337 Cook, Tom	So	Salem Hills HS	NH	
-- # 180 Wooley, Josh	Jr	Lone Peak HS	NH	
-- # 181 Wright, Jonas	Sr	Lone Peak HS	NH	
-- # 179 Wood, Josh	Sr	Lone Peak HS	NH	
-- # 660 Larson, Justin	So	Springville HS	NH	
-- # 61 Langford, Trey	Jr	Juab HS	NH	
-- # 662 Maccabee, Tyler	Sr	Springville HS	NH	
-- # 563 Oviatt, Nathan	Jr	Spanish Fork HS	NH	
-- # 770 Sellick, Mark	Jr	Westlake HS	NH	
-- # 167 Smith, Levi	Fr	Lone Peak HS	NH	
-- # 60 Kool, Clarence	Sr	Juab HS	NH	

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys Pole Vault**

Name	Year	School	Finals	Points
1 # 140 Fietkau, Johnatha	Jr	Lone Peak HS	10-06.00	10
2 # 145 Hicks, Parker	Sr	Lone Peak HS	9-00.00	8
3 # 136 Coon, Tyler	So	Lone Peak HS	J9-00.00	6
-- # 360 Peterson, Carson	Sr	Salem Hills HS	NH	
-- # 160 Riley, Dallin	Jr	Lone Peak HS	NH	
-- # 763 Maxwell, Nathan	Jr	Westlake HS	NH	

Boys Long Jump

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 # 360 Peterson, Carson	Sr	Salem Hills HS	20-09.75q	+0.0	4
2 # 129 Beckwith, Sam	Sr	Lone Peak HS	20-08.50q	+0.0	4
3 # 477 Nielson, Mitchell	Sr	Skyridge HS	19-08.75q	+0.0	4
4 # 347 Jackson, Kaleb	Jr	Salem Hills HS	19-06.50q	+0.0	4
4 # 625 Anderson, Brighto	Jr	Springville HS	19-06.50q	+0.0	2
6 # 663 Mangum, Wesley	So	Springville HS	19-04.00q	+0.0	3
7 # 341 Gonzalez, Marcus	So	Salem Hills HS	19-01.50q	+0.0	3
8 # 69 Perry, Brigham	Sr	Juab HS	19-00.75q	+0.0	4
9 # 150 Matern, Sean	So	Lone Peak HS	19-00.50q	+0.0	4
10 # 662 Maccabee, Tyler	Sr	Springville HS	18-08.75	+0.0	1
11 # 60 Kool, Clarence	Sr	Juab HS	18-08.50	+0.0	4
12 # 177 Wilford, Raden	Sr	Lone Peak HS	18-07.25	+0.0	4
13 # 462 Kauffman, Zach	Fr	Skyridge HS	18-03.00	+0.0	3
13 # 72 Robertson, Kollin	Jr	Juab HS	18-03.00	+0.0	4
15 # 330 Barnum, Isaac	Jr	Salem Hills HS	18-00.25	+0.0	2
15 # 262 Pontious, Dylan	So	Maple Mountain HS	18-00.25	+0.0	1
17 # 146 Jarema, Zach	Jr	Lone Peak HS	18-00.00	+0.0	4
18 # 180 Wooley, Josh	Jr	Lone Peak HS	17-11.00	+0.0	3
19 # 128 Asay, Nathan	Jr	Lone Peak HS	17-10.00	+0.0	3
20 # 258 Palmer, Ethan	So	Maple Mountain HS	17-08.00	+0.0	2
21 # 682 Williamson, Tyson	Jr	Springville HS	17-07.50	+0.0	2
22 # 74 West, Dallan	Jr	Juab HS	17-06.50	+0.0	4
23 # 443 Brandt, Joseph	Fr	Skyridge HS	17-03.75	+0.0	3
24 # 348 Jones, David	Sr	Salem Hills HS	17-02.00	+0.0	2
24 # 469 McGhie, Winston	Fr	Skyridge HS	17-02.00	+0.0	2
26 # 38 Bailey, Jake	So	Juab HS	17-01.25	+0.0	2
27 # 61 Langford, Trey	Jr	Juab HS	16-11.50	+0.0	2
28 # 464 Lambert, Jackson	So	Skyridge HS	16-05.25	+0.0	1
29 # 550 Gunter, Jace	Fr	Spanish Fork HS	16-03.75	+0.0	3
30 # 563 Oviatt, Nathan	Jr	Spanish Fork HS	16-00.00	+0.0	2
31 # 232 Davis, Ethan	So	Maple Mountain HS	15-08.50	+0.0	1
32 # 474 Mortensen, Jaxsen	Jr	Skyridge HS	15-04.00	+0.0	3
33 # 153 Miles, Cory	Jr	Lone Peak HS	15-00.50	+0.0	3
34 # 234 Dustin, Hunter	So	Maple Mountain HS	14-11.50	+0.0	1
35 # 354 Miner, Kyle	Jr	Salem Hills HS	14-08.50	+0.0	1
36 # 237 Golding, Carson	Fr	Maple Mountain HS	14-01.50	+0.0	1
37 # 538 Blaylock, Wayne	Jr	Spanish Fork HS	13-05.50	+0.0	1
38 # 570 Roberts, Nate	Jr	Spanish Fork HS	12-09.75	+0.0	1

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****Boys Long Jump**

Name	Year	School	Finals	Wind	Points
Finals					
1 # 129 Beckwith, Sam	Sr	Lone Peak HS	20-10.75	+0.0	10
2 # 360 Peterson, Carson	Sr	Salem Hills HS	20-09.75	+0.0	8
3 # 477 Nielson, Mitchell	Sr	Skyridge HS	19-08.75	+0.0	6
4 # 625 Anderson, Brighto	Jr	Springville HS	19-06.50	+0.0	5
5 # 347 Jackson, Kaleb	Jr	Salem Hills HS	J19-06.50	+0.0	4
6 # 341 Gonzalez, Marcus	So	Salem Hills HS	19-05.75	+0.0	3
7 # 663 Mangum, Wesley	So	Springville HS	19-04.00	+0.0	2
8 # 69 Perry, Brigham	Sr	Juab HS	19-00.75	+0.0	1
9 # 150 Matern, Sean	So	Lone Peak HS	19-00.50	+0.0	

Boys Shot Put

Name	Year	School	Prelims	H#
Preliminaries				
1 # 552 Iketau, Junior	Sr	Spanish Fork HS	49-00.50q	4
2 # 328 Ashton, Jex	Sr	Salem Hills HS	44-07.50q	4
3 # 480 Sagapolu, Logan	Sr	Skyridge HS	43-05.50q	4
4 # 553 Iketau, Sam	Sr	Spanish Fork HS	42-07.50q	4
5 # 736 Benham, Brant	Sr	Westlake HS	40-03.00q	4
6 # 260 Pendleton, Ezra	Sr	Maple Mountain HS	39-08.50q	4
7 # 142 Goodavish, Alec	Sr	Lone Peak HS	39-01.50q	3
8 # 356 Moser, Ethan	Sr	Salem Hills HS	38-08.50q	5
9 # 157 Mumford, Gavin	Jr	Lone Peak HS	38-08.00q	4
9 # 544 Dawe, Sam	Sr	Spanish Fork HS	38-08.00q	4
11 # 154 Mili, Tiki	Jr	Lone Peak HS	38-07.00	4
12 # 649 Harward, Seth	Sr	Springville HS	38-05.00	4
13 # 173 Wake, Masen	Sr	Lone Peak HS	38-03.50	3
14 # 476 Mulitalo, Stone	So	Skyridge HS	37-03.50	4
15 # 332 Caldwell, Tyler	Sr	Salem Hills HS	37-01.50	3
16 # 352 Mariteragi, Joey	Sr	Salem Hills HS	36-06.50	4
17 # 254 Murdock, Drake	So	Maple Mountain HS	33-05.50	3
18 # 336 Coffman, Justin	Sr	Salem Hills HS	33-03.50	3
18 # 268 Stokes, Fisher	Fr	Maple Mountain HS	33-03.50	3
20 # 169 Storrs, Kaden	Jr	Lone Peak HS	32-03.50	3
21 # 549 Graham, Joseph	Sr	Spanish Fork HS	31-10.50	2
22 # 629 Boggess, Daniel	So	Springville HS	31-06.50	3
22 # 377 Thurgood, William	Sr	Salem Hills HS	31-06.50	2
24 # 764 Mcpherson, Cyrus	Sr	Westlake HS	31-06.00	2
25 # 228 Butterfield, Colt	So	Maple Mountain HS	31-04.50	3
26 # 493 Walker, Talon	Jr	Skyridge HS	31-01.50	2
27 # 482 Sika, Misi	So	Skyridge HS	30-07.50	3
28 # 575 Trafny, Josh	Sr	Spanish Fork HS	30-06.00	2
29 # 565 Parry, Koby	Jr	Spanish Fork HS	30-01.50	1
29 # 248 Marchant, Spencer	Jr	Maple Mountain HS	30-01.50	2
31 # 678 Simkins, Dawson	So	Springville HS	30-01.00	2
32 # 41 Blackburn, Hunter	So	Juab HS	29-11.00	3
33 # 337 Cook, Tom	So	Salem Hills HS	29-02.50	2
33 # 67 Ostler, Thayne	So	Juab HS	29-02.50	2
35 # 490 Taylor, Matt	Fr	Skyridge HS	29-00.00	1
36 # 66 Olsen, Kaydon	Jr	Juab HS	28-07.50	2
37 # 641 Foster, Zach	Sr	Springville HS	28-02.00	1
38 # 57 Higenson, Riley	So	Juab HS	27-04.75	1
39 # 672 Redd, McKael	Sr	Springville HS	26-09.00	3
40 # 754 Hayes, Jace	So	Westlake HS	26-06.00	2

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Boys Shot Put**

41 #	267 Smith, Calvin	Jr Maple Mountain HS	26-05.50	1
42 #	634 Chamberlain, Jaco	Sr Springville HS	26-04.00	1
42 #	77 Wolforth, Mason	So Juab HS	26-04.00	1
44 #	271 Webster, Cayden	Jr Maple Mountain HS	25-10.00	1
45 #	461 Johnson, Jacob	Fr Skyridge HS	25-09.00	1
46 #	42 Blackburn, Slade	Fr Juab HS	22-07.00	1
47 #	538 Blaylock, Wayne	Jr Spanish Fork HS	16-07.00	1

Boys Shot Put

Name	Year	School	Finals	Points
Finals				
1 #	552 Iketau, Junior	Sr Spanish Fork HS	49-00.50	10
2 #	328 Ashton, Jex	Sr Salem Hills HS	45-11.00	8
3 #	553 Iketau, Sam	Sr Spanish Fork HS	43-06.50	6
4 #	480 Sagapolu, Logan	Sr Skyridge HS	43-05.50	5
5 #	157 Mumford, Gavin	Jr Lone Peak HS	41-02.00	4
6 #	260 Pendleton, Ezra	Sr Maple Mountain HS	40-05.50	3
7 #	736 Benham, Brant	Sr Westlake HS	40-03.00	2
8 #	142 Goodavish, Alec	Sr Lone Peak HS	39-01.50	1
9 #	356 Moser, Ethan	Sr Salem Hills HS	38-08.50	

Boys Discus Throw

Name	Year	School	Prelims	H#
Preliminaries				
1 #	460 Johnson, Christia	Sr Skyridge HS	135-11q	4
2 #	553 Iketau, Sam	Sr Spanish Fork HS	133-08q	4
3 #	552 Iketau, Junior	Sr Spanish Fork HS	133-05q	4
4 #	328 Ashton, Jex	Sr Salem Hills HS	129-01q	4
5 #	260 Pendleton, Ezra	Sr Maple Mountain HS	114-02q	4
6 #	268 Stokes, Fisher	Fr Maple Mountain HS	108-09q	3
7 #	142 Goodavish, Alec	Sr Lone Peak HS	105-08q	4
8 #	625 Anderson, Brighto	Jr Springville HS	105-00q	4
9 #	649 Harward, Seth	Sr Springville HS	104-10q	4
10 #	331 Burton, Derek	Jr Salem Hills HS	103-08	3
11 #	157 Mumford, Gavin	Jr Lone Peak HS	103-04	4
12 #	65 Olsen, Dawson	So Juab HS	102-00	3
13 #	41 Blackburn, Hunter	So Juab HS	100-11	4
14 #	352 Mariteragi, Joey	Sr Salem Hills HS	100-07	4
15 #	48 Christensen, Dayl	So Juab HS	100-04	3
16 #	544 Dawe, Sam	Sr Spanish Fork HS	97-02	3
17 #	476 Mulitalo, Stone	So Skyridge HS	96-02	2
18 #	66 Olsen, Kaydon	Jr Juab HS	94-01	4
19 #	55 Evans, Cameron	Fr Juab HS	93-07	4
20 #	360 Peterson, Carson	Sr Salem Hills HS	92-08	2
21 #	482 Sika, Misi	So Skyridge HS	92-01	2
22 #	484 Strong, Oliver	So Skyridge HS	91-02	1
23 #	377 Thurgood, William	Sr Salem Hills HS	90-07	2
24 #	442 Brandt, James	Jr Skyridge HS	89-10	3
24 #	332 Caldwell, Tyler	Sr Salem Hills HS	89-10	3
26 #	678 Simkins, Dawson	So Springville HS	88-01	2
27 #	628 Bernardi, Damen	So Springville HS	87-10	3
28 #	356 Moser, Ethan	Sr Salem Hills HS	87-02	3
29 #	665 Nielsen, Isaac	So Springville HS	86-07	2

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****....Boys Discus Throw**

30 #	490 Taylor, Matt	Fr Skyridge HS	85-06	1
31 #	77 Wolforth, Mason	So Juab HS	85-05	3
32 #	336 Coffman, Justin	Sr Salem Hills HS	83-09	1
33 #	271 Webster, Cayden	Jr Maple Mountain HS	83-00	1
34 #	168 Spencer, Jake	Jr Lone Peak HS	82-08	2
35 #	641 Foster, Zach	Sr Springville HS	80-01	2
36 #	154 Mili, Tiki	Jr Lone Peak HS	80-00	3
37 #	68 Park, Cayden	So Juab HS	79-09	2
38 #	569 Ricks, Colton	Jr Spanish Fork HS	79-07	1
39 #	493 Walker, Talon	Jr Skyridge HS	78-11	1
40 #	267 Smith, Calvin	Jr Maple Mountain HS	74-00	3
41 #	229 Chidester, Kyle	Jr Maple Mountain HS	72-05	2
42 #	42 Blackburn, Slade	Fr Juab HS	68-00	1
43 #	248 Marchant, Spencer	Jr Maple Mountain HS	65-00	1
44 #	566 Ramirez, Kanon	Jr Spanish Fork HS	60-00	1
45 #	660 Larson, Justin	So Springville HS	58-01	2
46 #	536 Ashworth, Samuel	Jr Spanish Fork HS	55-01	2
47 #	538 Blaylock, Wayne	Jr Spanish Fork HS	50-06	1
48 #	255 Nemelka, Harrison	Jr Maple Mountain HS	46-05	4

Boys Discus Throw

Name	Year	School	Finals	Points
Finals				
1 #	460 Johnson, Christia	Sr Skyridge HS	135-11	10
2 #	553 Iketau, Sam	Sr Spanish Fork HS	133-08	8
3 #	552 Iketau, Junior	Sr Spanish Fork HS	133-05	6
4 #	328 Ashton, Jex	Sr Salem Hills HS	132-00	5
5 #	142 Goodavish, Alec	Sr Lone Peak HS	118-02	4
6 #	260 Pendleton, Ezra	Sr Maple Mountain HS	114-02	3
7 #	649 Harward, Seth	Sr Springville HS	110-03	2
8 #	268 Stokes, Fisher	Fr Maple Mountain HS	108-09	1
9 #	625 Anderson, Brighto	Jr Springville HS	105-00	

Boys Javelin Throw

Name	Year	School	Prelims	H#
Preliminaries				
1 #	575 Trafny, Josh	Sr Spanish Fork HS	162-07q	3
2 #	51 Cowan, Zac	Jr Juab HS	159-04q	3
3 #	346 Iverson, Mason	Sr Salem Hills HS	150-03q	3
4 #	637 Clement, Chase	Sr Springville HS	148-03q	3
5 #	246 Lewis, Jaiven	Sr Maple Mountain HS	147-09q	3
6 #	565 Parry, Koby	Jr Spanish Fork HS	141-08q	3
7 #	242 Hubbard, Trevin	So Maple Mountain HS	128-08q	3
8 #	372 Tarter, Nathan	Jr Salem Hills HS	125-07q	3
9 #	439 Barlow, Nathan	Jr Skyridge HS	122-10q	3
10 #	350 Lauritzen, Nichol	Sr Salem Hills HS	122-03	1
11 #	736 Benham, Brant	Sr Westlake HS	122-01	3
12 #	254 Murdock, Drake	So Maple Mountain HS	118-04	2
13 #	633 Caswell, Garrison	Sr Springville HS	118-03	2
14 #	490 Taylor, Matt	Fr Skyridge HS	117-03	2
14 #	376 Thornock, Nate	Sr Salem Hills HS	117-03	1
16 #	157 Mumford, Gavin	Jr Lone Peak HS	116-06	2
17 #	274 Wills, Chandler	Sr Maple Mountain HS	115-10	3
18 #	487 Talley, Cole	Jr Skyridge HS	114-07	2
19 #	269 Stone, Coby	Jr Maple Mountain HS	114-00	3

Mountain Valley Invitational - 3/22/2019**Lone Peak HS****Results****.... Boys Javelin Throw**

20 #	456	Holland, Brady	Sr Skyridge HS	113-00	3
21 #	549	Graham, Joseph	Sr Spanish Fork HS	109-09	3
22 #	349	Larsen, Ryan	Sr Salem Hills HS	108-02	3
23 #	60	Kool, Clarence	Sr Juab HS	106-04	2
24 #	444	Brannum, Nic	Jr Skyridge HS	106-02	2
24 #	341	Gonzalez, Marcus	So Salem Hills HS	106-02	2
26 #	460	Johnson, Christia	Sr Skyridge HS	98-06	2
27 #	39	Ballow, Boden	So Juab HS	89-01	1
28 #	672	Redd, McKael	Sr Springville HS	86-08	2
29 #	342	Goodman, Zeke	Sr Salem Hills HS	86-04	1
30 #	70	Perry, Hudson	So Juab HS	86-00	1
31 #	484	Strong, Oliver	So Skyridge HS	85-01	2
32 #	71	Petersen, Parley	So Juab HS	84-02	1
33 #	75	Whicker, Coleman	So Juab HS	84-01	2
34 #	77	Wolforth, Mason	So Juab HS	82-00	1
35 #	548	Evans, Luke	Jr Spanish Fork HS	66-02	1
36 #	228	Butterfield, Colt	So Maple Mountain HS	62-09	2
37 #	551	Huntsman, Bruce	So Spanish Fork HS	60-07	1
38 #	573	Smith, Logan	Jr Spanish Fork HS	59-01	1
39 #	256	Nemelka, Jack	Fr Maple Mountain HS	49-00	3

Boys Javelin Throw

Name	Year	School	Finals	Points
Finals				
1 #	575	Trafny, Josh	Sr Spanish Fork HS	162-07 10
2 #	51	Cowan, Zac	Jr Juab HS	159-04 8
3 #	346	Iverson, Mason	Sr Salem Hills HS	150-03 6
4 #	565	Parry, Koby	Jr Spanish Fork HS	148-09 5
5 #	637	Clement, Chase	Sr Springville HS	148-03 4
6 #	246	Lewis, Jaiven	Sr Maple Mountain HS	147-09 3
7 #	242	Hubbard, Trevin	So Maple Mountain HS	128-08 2
8 #	372	Tarter, Nathan	Jr Salem Hills HS	127-00 1
9 #	439	Barlow, Nathan	Jr Skyridge HS	122-10

Women - Team Rankings - 17 Events Scored

1) Lone Peak HS	201	2) Westlake HS	118.50
3) Salem Hills HS	76	4) Juab HS	68.50
5) Skyridge HS	62	6) Spanish Fork HS	53
7) Maple Mountain HS	33	8) Springville HS	26

Men - Team Rankings - 17 Events Scored

1) Lone Peak HS	144	2) Skyridge HS	115.33
3) Salem Hills HS	103	4) Spanish Fork HS	95.33
5) Springville HS	72	6) Westlake HS	54
7) Maple Mountain HS	33	8) Juab HS	29.33