

WSD Jr High Track Meet Order of Events

Running Events:

- Girls and Boys 800 (Slow heat first, followed by fast)
- Girls and Boys Hurdles
- Girls and Boys 100
- Girls and Boys 400
- Girls and Boys 4 x 100 Relay (400 Relay)
- Girls and Boys 1600
- Girls and Boys Medley Relay
- Girls and Boys 200
- Girls and Boys Combination Relay
- Girls and Boys 4 x 400 Relay (1600 Relay)

Field Events:

- Girls long jump followed by boys long jump
- Boys shot put followed by girls shot put
- Boys high jump followed by girls high jump
- Girls discus followed by boys discus