

In order to standardize and update Jr. High Track and Field meets in the district, to give all athletes the best possible track and field experience, and to complete meets in a timely manner, the Board of Managers **voted on and approved the following changes on Wednesday, February 2, 2022:**

Weber School District Jr. High Track Meet Order of Events 2022

Running Events - Begin at 3:00 p.m. with the fastest heat first in all events in the following order:

Girls and Boys 800

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls and Boys 100

Girls and Boys 400

Girls and Boys 4 X 100 Relay

Girls and Boys 1600

Girls and Boys Medley Relay (Both run 200, 200, 400, 800)

Girls and Boys 200

Girls and Boys 4 X 200 Relay

Girls and Boys 4 X 400 Relay

Field Events: - Begin at 3:00 p.m. with the best flight first in all events in the following order:

Girls Long Jump followed by Boys Long Jump

Boys Shot Put followed by Girls Shot Put

Boys High Jump followed by Girls High Jump

Girls Discus followed by Boys Discus

The announcer will make 3 calls for each event. 1st call approximately 15 minutes before the event; 2nd call approximately 10 minutes before the event; 3rd call approximately 5 minutes before the event. **All athletes must report to their event on the 3rd call** – for running events, athletes report to the starting line or an area near the starting line for that event (all members of relay teams must report); for field events, athletes report to the field event judge in the event area. **Failing to report on the 3rd call may result in being scratched from the event.**

Jr. High Track Meet at Roy High – Friday, April 1, 2022

Schools Attending: Roy Jr. (Host), Rocky Mt., Snowcrest, South Ogden

We want to fill all our lanes to give as many athletes as possible a chance to participate. To that end, we have made the following assignments:

Entries listed below apply to both boys and girls events!

Lane Events: 21 entrants, 3 heats of 7

Hurdles: Rocky 6 entrants, other 3 schools 5 entrants

100: Roy 6 entrants, others 5

400: Snowcrest 6 entrants, others 5

200: South 6 entrants, others 5

Relays: 7 teams, 1 heat

4 X 100: Rocky, Roy, Snowcrest 2 teams, South 1 team

Medley: Roy, Snowcrest, South 2 teams, Rocky 1 team

4 X 200: Snowcrest, South, Rocky 2 teams, Roy 1 team

4 X 400: South, Rocky, Roy 2 teams, Snowcrest 1 team

School assignments are rotated alphabetically for all the above entries. Assignments will be rotated each year.

Distance:

800 – 2 heats: Heat 1 – 5 entrants per school; Heat 2 – unlimited entries

1600 – 1 heat, 6 entrants per school

Long Jump, Discus, Shot: each school gets 5 entrants, 3 jumps or throws only

High Jump: each school gets 5 entrants, 2 attempts only at first 2 heights

The Host Jr. High School is responsible for sending five (5) faculty members to help at the meet. Four will supervise a field event (one each at the Long Jump, High Jump, Shot Put, Discus). High school athletes will run those events, the faculty member is there to supervise and assist with any problems or questions that may arise. The fifth faculty member will be assigned to help with crowd control (Keeping spectators off the football field, the track, or other areas of the stadium that are not for spectators).