

CV Southern Utah Championships

- Date: Wednesday May 1st, 2019 - 3:00pm
- Location: Canyon View High School Stadium
166 W 1925 N, Cedar City UT
- Contact: Matt Storland matt.storland@ironmail.org
(435)669-9309
- Awards: Medals will be given to the top 3 finishers in individual events and top 3 finishers in relays.
- Cost: \$50 per team, \$80 for both or \$5 per athlete.
- Team Roster: Each athlete will be limited to 4 events, Unlimited athlete entries per individual event and limited 2 relay teams per relay event. Only relay Team A will be scoring.
- Registration: Registration will be through www.runnercard.com. Deadline for entries is Tuesday April 30th @ 8:00pm. This meet is by invite only, therefore you must receive the meet access code in order to register. Please submit times and marks for all events so we can have proper heats and lane assignments.
- Scoring Top 8 places: 10, 8, 6, 5, 4, 3, 2, 1
- Team campsites: There are excellent team locations along the tennis courts just to the east of the stadium; east and west of the visitors stands on the south side of the stadium. Just stay clear of throwing events!!!
- Event Location: Shot Put - Southeast corner of stadium infield.
Discus - Field west of stadium, south side
Javelin - Field west of stadium, south side
Long Jump - south side of stadium infield
High Jump - West side of stadium infield
- Concessions: Concessions will be available at the northwest entrance.

Schedule of Events

Wednesday May 1st, 2019 - 3:00pm

Running Events

2:40 PM Exhibition 4x800 Meter Relay

Starts at 3:00pm

1600 Meter Run
100 Meter Hurdles
110 Meter Hurdles
100 Meter Dash
4x100 Meter Relay
400 Meter Dash
800 Meter Run
300 Meter Hurdles
Medley Relay
200 Meter Dash
3200 Meter Run
4x400 Meter Relay

Field Events

Starts at 3:00pm

Girls Javelin
Boys High Jump (Pit 1)
Girls High Jump (Pit 2)
Girls Long Jump
Girls Shot Put
Boys Discus

4:30 PM

Boys Javelin
Girls Discus
Boys Long Jump
Boys Shot Put

**Athletes will be given 4 attempts as finals. We will do our best to run field events by proper flights but may go to open pit so athletes can come and go as their events allow. Please make sure athletes are checking in and notifying the official if they need to leave for another event.*

**All running events will go girls first then boys*