

2022 Iron Track & Field Meet

Schedule of Events

Running

Starts at 2:00pm

1600m Run

100m Hurdles

110m Hurdles

100m Dash

800m Run

200m Dash

4x400m Relay

*All running events will go Girls followed by Boys

Field Events

Starts at 2:00pm

Girls High Jump

Boys Long Jump - Open Pit

Girls Discus - Open Pit

Girls Javelin - Open Pit

Boys Shot Put - Open Pit

Boys High Jump

Girls Long Jump - Open Pit

Boys Discus - Open Pit

Boys Javelin - Open Pit

Girls Shot Put - Open Pit

*Each athlete is allowed 3 attempts