

Darrel Gardner Invitational

March 12th 2019

Running Events – Timed Finals

3:00 PM

3200 M Girls/Boys

100 M Hurdles

110 M Hurdles

100 M Girls/Boys

400 M Girls/Boys

1600 Meter Girls/Boys

4 x 100 Meter Relay

300 M Hurdles Girls/Boys

800 M Girls/Boys

1600 Medley Relay

200 M Girls/Boys

4 x 400 M Relay Girls/Boys

Field Events – Finals

3:00 PM

Girls Shot Put

Boys Discus

Girls Javelin

Girls High Jump

Boys Long Jump

4:30 PM

Boys Shot Put

Girls Discus

Boys Javelin

Boys High Jump

Girls Long Jump

- Limit 4 events per athlete 5 entries per school.
- Coaches meeting will be at 2:30.
- Teams need to register their athletes on runnercard.com before Monday March 11th at 6pm.
- All events will be timed finals.
- Field events will be four tries - no finals.
- Cost: \$30 each team; \$60 for both teams.
- There will be concessions.