Campbell County Recreation Center – Field House February 5, 2021

* 1. Throwers will be placed in flights. Each thrower will complete 3 throws (2-1) with the top 9 throwers advancing to the finals. Throwers in the finals will complete 3 throws (1-1-1).
  2. Triple jump and long jump competitors will receive three (3) attempts, with the top nine (9) competitors advancing to the finals.

C. Pole Vault

Girls Starting Height (6’ 00”)

Boys Starting Time - 45 minutes after the girls division Starting Height – (9’ 00”)

D. High Jump Starting Heights Boys (5’ 00”) Girls (4’ 2”)

## FIELD EVENT SCHEDULE:

These events begin at 10:30am These events follow immediately:

Girls High Jump Boys High Jump

Girls Long Jump Boys Long Jump

Boys Pole Vault Girls Pole Vault

Girls Shot Put Boys Shot Put

Boys Triple Jump Girls Triple Jump

**A reminder that all school’s coaches will be expected to help run the field events. This is not negotiable.**

## RUNNING EVENT SCHEDULE (ROLLING SCHEDULE STARTING AT 10:30):

Girls will run each race first, followed by boys. This is a rolling schedule and competitors need to listen to the PA system for 1st, 2nd and final calls.

EVENT

4 X 800m Relay Finals

55 Hurdle Prelims

55m Prelims

Sprint Medley Relay Finals

1600m Finals

55 Hurdle Finals

55m Finals

4 X 200m Relay Finals

400m Finals

800m Finals

200m Finals

3200m Finals

4 X 400m Relay Finals

The following teams will be participating at the meet:

Big Horn

Western Heritage

Cheyenne East

Cheyenne Central

Cheyenne South

Green River

Laramie

Each team will be allowed the following number of participants at the meet (number based on percentage of the total allowed at the Campbell County Recreation Center):

Big Horn

Boys:

Girls:

Western Heritage

Boys:

Girls:

Cheyenne East

Boys:

Girls:

Cheyenne Central

Boys:

Girls:

Cheyenne South

Boys:

Girls:

Green River

Boys:

Girls:

Laramie

Boys:

Girls:

***Entries can be completed on RunnerCard. The meet is named***